



# Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

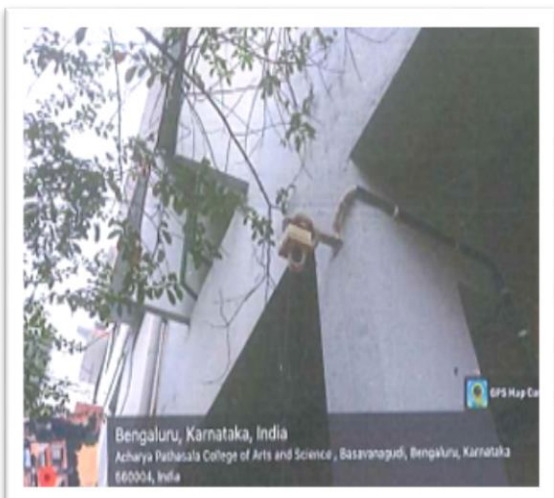
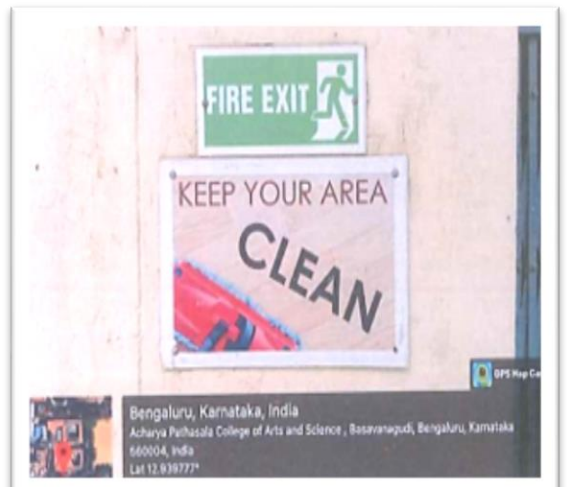
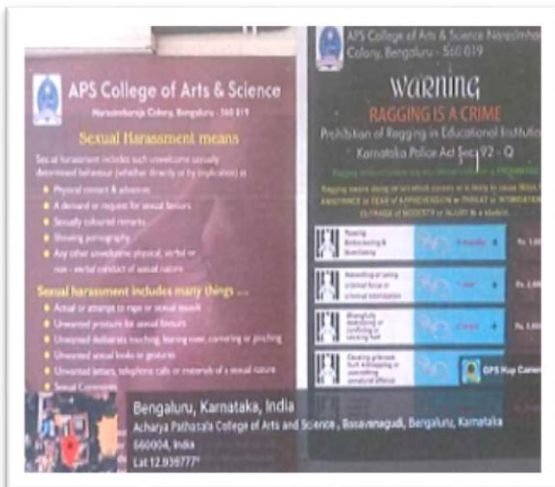
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Email: [apscollegeofartsscience@gmail.com](mailto:apscollegeofartsscience@gmail.com)

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## SAFETY AND SECURITY



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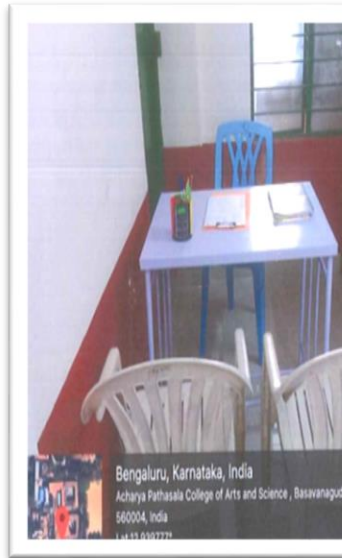
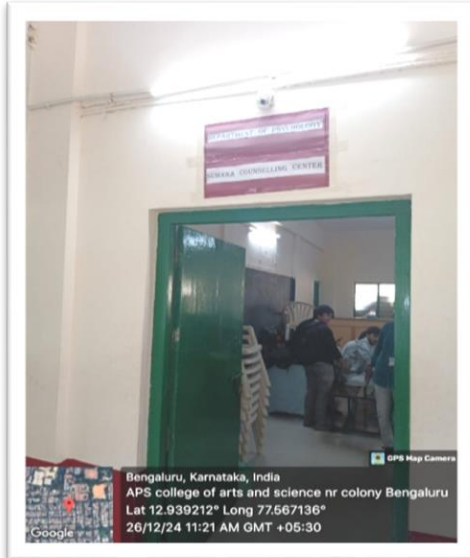
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Email: [apscollegeofartsscience@gmail.com](mailto:apscollegeofartsscience@gmail.com)

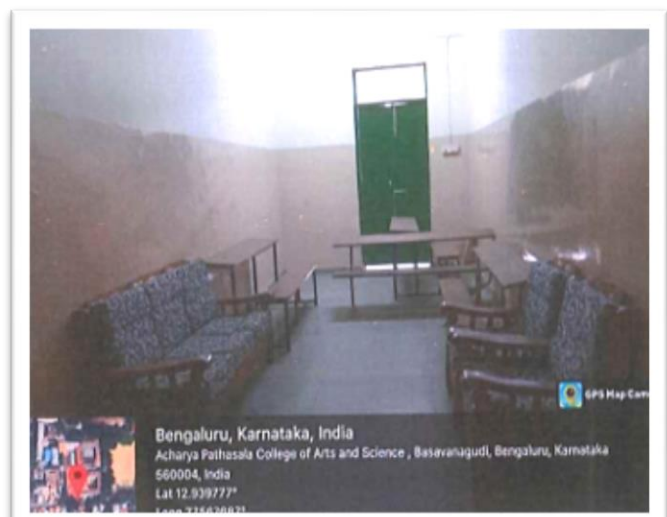
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## COUNSELING ROOM



## GIRLS COMMON ROOM



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## ACHARYA PATHASALA COLLEGE OF ARTS AND SCIENCE

N.R. COLONY BENGALURU 560019

Website: [apscollegeofartsandscience.com](http://apscollegeofartsandscience.com) Email: [apscollegeofartsscience@gmail.com](mailto:apscollegeofartsscience@gmail.com) Telephone: 080-26603192

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### ANNUAL REPORT ON COUNSELLING SESSION GIVEN FROM SUMANA COUNSELLING CENTRE FOR THE ACADEMIC YEAR 2023-24.

Department of Psychology runs **Sumana Counselling Center** which was established in the year **1995**.

**Objective:** To transform individuals into ethical personalities excelling in psychological temper.

**Mission:** To achieve excellence in preparing every student to be psychologically equipped to:

- ✦ Understand him/herself, and others
  - ✦ Reach his/her full potential
  - ✦ Become emotionally mature
  - ✦ Respect individual differences
  - ✦ Develop unconditional positive regard,
- Which would in turn make the world a better place to live in.

**Goals:** To facilitate:

- ✦ Self-discovery
- ✦ Ability to face needs and challenges
- ✦ Develops skills and competencies needed to face the competitive world.

**The services offered:**

1. Personal counselling
2. Special education
3. Vocational counselling
4. Adjustmental problems
  - Academics
  - Emotional
  - Achievement
  - Learning
  - Memory techniques and so on.

The committee members for the academic year ~~2023-24~~ are as follows:

Harshitha S: Convenor

Chandrakala V: Member

Vasanti K: Member

The students are required to take prior appointments for the counselling session. The time and date or schedule for the same during working days.

This academic year 7 students of our college have taken the counselling. Around 18 sessions were done effectively (including follow-ups sessions).

The students who took counselling had issues related to emotional adjustment, time management, anger management, career guidance for further studies, fear, stress and so on.

The problems were discussed and students were guided to find solutions. The feedback work taken at the end of the session by the counselee.

The feedback responses are positive and appreciated by the counselee and expressed their gratitude.

**Outcomes:**

1. Gradual improvements in personal life.
2. Improved relationship with family members and with friends.
3. Counselees are able to manage their emotions towards self and others.
4. Able to face the problems without any fear
5. To build self-confidence.



CONVENER



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on. details /  
7-9-2023

## MINUTES OF MEETING. 2023-24

A meeting was Convened on 7/9/2023 (Tuesday) in the Principal Chamber at 3 pm.

### AGENDA :-

- 1) To organize special talk/workshop to help students to overcome various academic related Psychological issues.
- 2) To inform newly admitted students about the Consultation procedure.

### MEMBERS PRESENT :-

- |                                |           |
|--------------------------------|-----------|
| 1) Dr. B. Jayashree, PRINCIPAL | Beyle     |
| 2) Vasanthi. K, Member         | Vanitha   |
| 3) Harshitha. S, Convenor      | Harshitha |
| 4) Chandrakala. V, Member      | CV        |

### HIGHLIGHTS OF DELIBERATION :-

- 1) The agenda are presented by the Convenor
- 2) Discussion was Carried out and decision was made to invite expert Counsellor to address students regarding academic issues.
- 3) To visit every classroom and to brief about the procedures to be followed to seek Counselling



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**Cordially Invites You to**

**ANANTA THARANGA - 2024**

**An IQAC Initiative**

**NATIONAL SCIENCE DAY CELEBRATION**

*"Indigenous Technologies for Viksit Bharat"*

**Chief Guest**

**C.A. Dr. Vishnu Bharath A.S**

President, APS Educational Trust

**Guests of Honor**

**Prof. A. Prakash**

General Secretary, APSET

**Sri. Ramesh Kumar**

Head Master, APS High School

**Presided by**

**Prof. B. Jayashree**

Principal, APSAS

**On Wednesday, 28<sup>th</sup> February 2024,**

**at 10.30 am onwards**

**Venue: New Seminar Hall**

**Drawing and Science Quiz Competition  
for High School Students**

**All are Invited**

**Students & Staff**

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APS College of Arts & Science  
N.R. Colony, Bengaluru





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### National Science Day Report 2024

APS college of Arts and Science celebrated National Science Day as Ananta Tharanga-2024 on February 28<sup>th</sup>, Wednesday in a very noble and meaningful manner by organizing drawing and science quiz competitions for high school students.

#### Objectives:

- To arouse the curiosity towards science in the young minds of the children
- To encourage the youth to engage in scientific activities.
- To help the children consider careers in Science and Technology.
- To inculcate scientific temper and fostering a culture of innovation among the high school students.

The Chief Guest of the program CA. Dr. Vishnu Bharat A.S, President, APSET spoke about the importance of developing an interest towards Science and Mathematics from the young age so that it forms strong roots for the studies of children on which they can always build a strong future by doing higher studies. He asked the students to stay motivated always towards their education which is very important.

Prof. B. Jayashree, Principal, APSAS spoke about the importance of celebrating Science Day in all the institutions and also gave a deep insight about this year's Science Day theme, i. e, "Indigenous Technologies for Viksit Bharat". In her presidential speech she explained the terminologies like indigenous technologies and their future prospects. She said that today's students are tomorrow's citizens and hence they are responsible for the development of the country. She inspired the students to develop an interest in science by mentioning lot of famous discoveries in the field of science and technology.

Prof. A. Prakash, General Secretary, APSET and Sri. Ramesh Kumar, Headmaster, APS High School were the guests of honour. The program was graced by APSET former President, Prof. K.P. Naramsimha Murthy and Joint Secretary Sri. P. Krishnaswamy.

Drawing competition was conducted for the students with the theme - "Space Science". Students enjoyed the session and drew the concepts of space, universe, satellites and so on with a lot of interest and neatness. The best 3 drawings were considered as winners.

  
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For the Science Quiz competition, prelims were conducted for students on 24<sup>th</sup> February 2024. It was a written round where children performed well. Top 10 teams were selected for the final oral round. Final round of quiz was divided into 4 rounds, namely-general science questions, true or false, pictorial round of famous scientists and last round was about famous inventions. Students aced the quiz brilliantly. It was a very tough competition and after having tie-breakers and giving them open round questions, the best 3 teams were announced as winners.

Students enthusiastically participated in both the competitions and the prizes were distributed for the winners in the form of books.

### **Outcome:**

- Students were able to recognize and appreciate the importance of celebrating the National Science Day.
- Awareness was created among the students about importance of Science and its applications in everyday life.
- Students were able to acknowledge about the various scientists and their inventions in the field of science.
- Students got a very good exposure about various new concepts in science.

The program was attended by the students and faculty of both APS college of Arts and Science and APS High School. A total of 60 students and 15 faculties attended the program.

The program was concluded by the distribution of sweets.



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*Deepa*  
 PRINCIPAL  
 APS College of Arts & Science  
 N.R. Colony, Bangalore-560 019.





# ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ವಿಜ್ಞಾನದ ಮೌಲ್ಯಗಳನ್ನು ತಿಳಿಸಿದ ಪ್ರೊ.ಬಿ.ಜಯಶ್ರೀ



ಬೆಂಗಳೂರು

ಪ್ರೌಢಶಾಲಾ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ರಾಷ್ಟ್ರೀಯ ವಿಜ್ಞಾನ-2024 ಥೀಮ್ “ವೀಕ್ಷಿತ್ ಭಾರತಕ್ಕಾಗಿ ಸ್ಥಳೀಯ ತಂತ್ರಜ್ಞಾನಗಳು” ಎನ್ನುವ ವಿಷಯವಾಗಿ ಮಾತನಾಡಿದ ಎ.ಪಿ.ಎಸ್.ಕಲೆ ಮತ್ತು ವಿಜ್ಞಾನ ಕಾಲೇಜಿನ ಪ್ರಾಂಶುಪಾಲೆ ಪ್ರೊ.ಬಿ.ಜಯಶ್ರೀ ಅವರು, ರಾಷ್ಟ್ರೀಯ ವಿಜ್ಞಾನ ದಿನದ ಮಹತ್ವ ಹಾಗೂ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಮುಂದಿನ ದಿನಗಳಲ್ಲಿ ಯಾವ ರೀತಿಯ ಪ್ರಯೋಜನವಾಗಲಿದೆ ಎನ್ನುವ ಮೌಲ್ಯಗಳನ್ನು ತಿಳಿಸಿದರು.

ಎ.ಪಿ.ಎಸ್.ಕಲೆ ಮತ್ತು ವಿಜ್ಞಾನ ಕಾಲೇಜಿನಲ್ಲಿ ಪ್ರೌಢಶಾಲೆಯ ವಿದ್ಯಾರ್ಥಿಗಳಿಗಾಗಿ ಚಿತ್ರಕಲೆ ಮತ್ತು ವಿಜ್ಞಾನ ವಿಷಯದ ರಸಪ್ರಶ್ನೆ ಸ್ಪರ್ಧೆಯ ಅಂಗವಾಗಿ ಹಮ್ಮಿಕೊಂಡಿದ್ದ ‘ರಾಷ್ಟ್ರೀಯ ವಿಜ್ಞಾನ ದಿನ’ದ ವಿಶೇಷ ಕಾರ್ಯಕ್ರಮದ ಅಧ್ಯಕ್ಷತೆ ವಹಿಸಿ ಅವರು ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ವಿಜ್ಞಾನದ ಮಹತ್ವ ಹಾಗೂ ಮೌಲ್ಯಗಳ ಕುರಿತು ಮಾತನಾಡಿದರು.

ಮುಖ್ಯ ಅತಿಥಿಗಳಾಗಿ ಆಗಮಿಸಿದ್ದ ಎ.ಪಿ.ಎಸ್.ಶಿಕ್ಷಣ ಸಂಸ್ಥೆಯ ಅಧ್ಯಕ್ಷ ಸಿ.ಎ.ಡಾ.ವಿಷ್ಣು ಭರತ್ ಎ.ಎಸ್. ಅವರು ವಿದ್ಯಾರ್ಥಿಗಳನ್ನುದ್ದೇಶಿಸಿ, ವಿಜ್ಞಾನ ಮತ್ತು

ಗಣಿತದಲ್ಲಿ ಆಸಕ್ತಿ ವಹಿಸಿದರೆ ಮುಂದೆ ಉನ್ನತ ಶಿಕ್ಷಣ ಪಡೆದುಕೊಳ್ಳಲು ಅನುಕೂಲವಾಗುತ್ತದೆ ಎಂದರು.

ಗೌರವ ಅತಿಥಿಗಳಾಗಿ ಆಗಮಿಸಿದ್ದ ಎ.ಪಿ.ಎಸ್.ಶಿಕ್ಷಣ ಸಂಸ್ಥೆಯ ಪ್ರಧಾನ ಕಾರ್ಯದರ್ಶಿ ಪ್ರೊ.ಎ.ಪ್ರಕಾಶ್, ಎ.ಪಿ.ಎಸ್.ಪ್ರೌಢಶಾಲೆಯ ಮುಖ್ಯೋಪಾಧ್ಯಾಯರಾದ ರಮೇಶ್ ಕುಮಾರ್ ಇವರನ್ನು ಆತ್ಮೀಯವಾಗಿ ಸನ್ಮಾನಿಸಲಾಯಿತು.

ಶಿಕ್ಷಣ ಸಂಸ್ಥೆಯ ಪದಾಧಿಕಾರಿಗಳು ಮತ್ತು ಮಾಜಿ ಅಧ್ಯಕ್ಷರಾದ ಪ್ರೊ.ಕೆ.ಪಿ.ನರಸಿಂಹಮೂರ್ತಿ, ಎಪಿಎಸ್ ಶಿಕ್ಷಣ ಸಂಸ್ಥೆಯ ಜಂಟಿ ಕಾರ್ಯದರ್ಶಿ ಕೃಷ್ಣಸ್ವಾಮಿ ಉಪಸ್ಥಿತರಿದ್ದರು. ಇದೇವೇಳೆ ಚಿತ್ರಕಲೆ ಮತ್ತು ವಿಜ್ಞಾನ ವಿಷಯದಲ್ಲಿ ಆಯೋಜಿಸಿದ್ದ ರಸಪ್ರಶ್ನೆ ಸ್ಪರ್ಧೆಗಳಲ್ಲಿ ವಿಜೇತರಾದ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಪುಸ್ತಕ ರೂಪದಲ್ಲಿ ಬಹುಮಾನಗಳನ್ನು ನೀಡಲಾಯಿತು.

ಎ.ಪಿ.ಎಸ್.ಕಲೆ ಮತ್ತು ವಿಜ್ಞಾನ ಕಾಲೇಜಿನ ಎಲ್ಲ ಅಧ್ಯಾಪಕರು ಮತ್ತು ಪ್ರೌಢಶಾಲೆಯ ವಿದ್ಯಾರ್ಥಿಗಳು ಒಳಗೊಂಡಂತೆ ಸುಮಾರು 60ಕ್ಕೂ ಹೆಚ್ಚಿನ ಸಂಖ್ಯೆಯಲ್ಲಿ ಭಾಗವಹಿಸಿದ್ದ ಆಸಕ್ತರು ಕಾರ್ಯಕ್ರಮವನ್ನು ಯಶಸ್ವಿಗೊಳಿಸಿದರು.

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Narasimharaja Colony, Bangalore –560 019.

## Faculty Attendance List

Name of the Programme : Science Day

Date: 28.02.2024

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# Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

## Students Attendance List

Name of the Programme : Science Day

Date: 28.02.2024

| Sl. No. | Name of the Student    | Course/Sem          | Signature              |
|---------|------------------------|---------------------|------------------------|
| 1.      | Kilos chondan          | 8 <sup>th</sup> B   | Kilos chondan          |
| 2.      | Sushantha M. Upadhyaya | 8 <sup>th</sup> B   | Sushantha M. Upadhyaya |
| 3.      | J.A. Haraswar          | 9 <sup>th</sup>     | J.A. Haraswar          |
| 4.      | Akash S                | 9 <sup>th</sup>     | Akash S                |
| 5.      | Santhosh K.T           | 9 <sup>th</sup>     | Santhosh K.T           |
| 6.      | Nishanth G             | 9 <sup>th</sup>     | Nishanth G             |
| 7.      | Ayush kumar            | 9 <sup>th</sup> 'B' | Ayush kumar            |
| 8.      | K. SAI KIRAN           | 9 <sup>th</sup> 'B' | K. SAI KIRAN           |
| 9.      | Pavithran. A           | 9 <sup>th</sup> 'B' | Pavithran. A           |
| 10.     | Vishnu Dhanush. S      | 9 <sup>th</sup> 'B' | Vishnu Dhanush. S      |
| 11.     | Vasudevan. M           | 9 <sup>th</sup> 'B' | Vasudevan. M           |
| 12.     | Purushotham            | 9 <sup>th</sup> 'B' | Purushotham            |
| 13.     | Rohan C                | 9 <sup>th</sup> B   | Rohan C                |
| 14.     | Moham S                | 9 <sup>th</sup> B   | Moham S                |
| 15.     | Shivansh - Singh       | 9 <sup>th</sup> 'B' | Shivansh - Singh       |
| 16.     | Rakesh Kumar           | 8 <sup>th</sup> 'B' | Rakesh Kumar           |
| 17.     | Parashuram. S          | 9 <sup>th</sup> 'A' | Parashuram. S          |
| 18.     | Mudappa. B             | 9 <sup>th</sup> 'A' | Mudappa. B             |
| 19.     | Nageshwarra. M         | 8 <sup>th</sup> 'B' | Nageshwarra. M         |
| 20.     | Ramesh Rathod          | 8 <sup>th</sup> 'B' | Ramesh Rathod          |
| 21.     | SHASHANK. R            | 8 <sup>th</sup> B   | SHASHANK. R            |
| 22.     | Pineeth R              | 8 <sup>th</sup> B   | Pineeth R              |
| 23.     | Rajesh Kumar. M        | 8 <sup>th</sup> B   | Rajesh Kumar. M        |
| 24.     | Ramchandan. N          | 8 <sup>th</sup> 'A' | Ramchandan. N          |
| 25.     | Dhanush. S             | 9 <sup>th</sup> 'B' | Dhanush. S             |
| 26.     | Surya. D               | 8 <sup>th</sup> 'A' | Surya. D               |
| 27.     | Rajesh. R              | 9 <sup>th</sup> 'B' | Rajesh. R              |
| 28.     | Mohaj. R               | 9 <sup>th</sup> 'B' | Mohaj. R               |
| 29.     | Koushik. M             | 9 <sup>th</sup> B   | Koushik. M             |
| 30.     | Mangappa. I            | 9 <sup>th</sup> 'B' | Mangappa. I            |
| 31.     | Venkatesh. I           | 8 <sup>th</sup> 'A' | Venkatesh. I           |
| 32.     | Madhush. R             | 9 <sup>th</sup> B   | Madhush. R             |
| 33.     | Chethan.               | 9 <sup>th</sup> A   | Chethan.               |
| 34.     | Sandeep. I             | 9 <sup>th</sup> A   | Sandeep. I             |
| 35.     | Harith. M              | 9 <sup>th</sup> A   | Harith. M              |

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| Sl. No. | Name of the Student  | Course/Sem          | Signature      |
|---------|----------------------|---------------------|----------------|
| 36)     | Bharath. M           | 9 <sup>th</sup> 'A' | B              |
| 37)     | Srinivas. J          | 9 <sup>th</sup>     | Srinivas       |
| 38)     | Hars Ha vard Ha N. B | 9 <sup>th</sup>     | Hars           |
| 39)     | Thresha. M. N        | 9 <sup>th</sup> 'B' | Thresha        |
| 40)     | Madesh. P            | 9 <sup>th</sup> B   | Madesh         |
| 41)     | Goutham. D           | 9 <sup>th</sup> B   | Goutham        |
| 42)     | Pragat. D. M         | 9 <sup>th</sup> 'B' | Pragat         |
| 43)     | Raishan. N.          | 9 <sup>th</sup> B   | Raishan        |
| 44)     | Hanshi. S. J         | 9 <sup>th</sup> 'B' | Hanshi         |
| 45)     | Hanshi. S            | 9 <sup>th</sup> 'B' | Hans           |
| 46)     | Rakshi. S            | 9 <sup>th</sup> 'B' | Rakshi         |
| 47)     | Raksha               | 9 <sup>th</sup> 'B' | Raksha         |
| 48)     | Raksha               | 9 <sup>th</sup> 'B' | Raksha         |
| 49)     | Prityadarshini       | 9 <sup>th</sup> 'B' | Prityadarshini |
| 50)     | Apaswa               | 8 <sup>th</sup> 'A' | Apaswa         |
| 51)     | Sai Madhura S. K     | 8 <sup>th</sup> 'B' | Sai Madhura    |
| 52)     | Pooja. A             | 9 <sup>th</sup> 'A' | Pooja          |
| 53)     | Prasanth. C          | 9 <sup>th</sup> 'A' | Prasanth       |
| 54)     | Sarita. K            | 9 <sup>th</sup> 'B' | Sarita         |
| 55)     | Sangeetha. Y         | 9 <sup>th</sup> 'A' | Sangeetha      |
| 56)     | Sanjana. V           | 8 <sup>th</sup> 'B' | Sanjana        |
| 57)     | Kiran. Kumari        | 8 <sup>th</sup> 'B' | Kiran          |
| 58)     | Neelam               | 8 <sup>th</sup> 'B' | Neelam         |
| 59)     | Tanushree. K         | 8 <sup>th</sup> B   | Tanushree      |
| 60)     | Ramya                | 8 <sup>th</sup> 'B' | Ramya          |





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## CERTIFICATE OF EXCELLENCE

### ANANTHA THARANGA - 2024

NATIONAL SCIENCE DAY CELEBRATION

This is to certify that *Sanjana V.* of *8<sup>th</sup> B sec* has secured *1<sup>st</sup>* Prize in Quiz / Drawing Competition

Conducted on 28.02.2023 organized by IQAC & Department of Science  
APS College of Arts and Science.

Sri. A. Prakash  
General Secretary, APSET

Dr. B. Jayashree  
Principal