



# Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

Website: [apscollegeofartsandscience.com](http://apscollegeofartsandscience.com)

Email: [apscollegeofartsscience@gmail.com](mailto:apscollegeofartsscience@gmail.com)

Affiliated to Bengaluru City University | NAAC Accredited by B+ Grade



## Best Practice 1

1. **Title of the Practice:** Health check-up and awareness programs for the students and faculty
2. **The Objective:** The objective is to raise awareness about sound mind in a sound body. Students are sensitized mainly on wellbeing, its impact on their studies and also about need of regular health check-up. Address adolescence issues.
3. **The Context:** Students suffer from various health related issues that require personal diagnosis and treatment. Students particularly from weak economic background are initially reluctant to share their personal and health related issues which hamper their mental and academic growth and also proper decision making and overall personality development.
4. **The Practice:** Health check-up for students a unique practice initiated by the college is done every semester and it has proved to be highly beneficial. All students and faculty were screened by doctors and had a one-to-one discussion regarding personal issues related to girl students. Free medical check up and awareness programs for girl students was organised about the common issues faced by them and about maintaining overall health.
5. **Evidence of Success:** Some evidence of success of the practice includes cheerfulness, healthy, improved attendance, and academic progress, participation in co-curricular and extracurricular activities. The students were found completely relaxed. They were seen to progress in academics and further, their increasing participation in extra-curricular activities is vindication of this initiative. Students were also seen progressing through higher education in the form of enrolment in PG courses.
6. **Problems encountered and resource required:** Some of the students felt reluctant to express their personal health-related problems freely. To overcome this, counselling through senior staff was adopted and this move was encouraging. College has collaborated with NGOs and voluntary organizations in organizing the health check-up, who voluntarily came forward to arrange health check-up camps by bringing expert medical professionals from well-known hospitals.
7. **Note:** This unique best practice adopted in our institution can be followed by other educational intuitions of Higher Education in building a strong and healthy India.

  
PRINCIPAL  
APS College of Arts & Science  
N.R. Colony, Bangalore-560 019.



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1. **Title of the Practice:** Yoga for the students and faculty
2. **The Objective:** The primary purpose of this best practice is to provide a comprehensive exercise routine that is necessary to maintain an active, healthy lifestyle. The science of yoga, which is focused on integrating the mind, body, and nature, will have a significant role in this approach.
3. **The Context:** Students are often confronted with different physical and psychological challenges that affect their performance in class. The practice of yoga helps the students direct their energy in the right direction. In this sense, yoga is essential for students to unlock their potential and foster personal growth.
4. **The Practice:** The objective of yoga practice is to make students lead disciplined and healthy lives. Yoga classes were added to the daily schedule for all classes, and the yoga teacher taught the students different asanas and meditation. The following exercises were performed by the students as part of the yoga program:

### Ratha Sapthami Yoga Utsava

On 18<sup>th</sup> February 2024, the YRC and NCC organized a Ratha Sapthami Yoga Utsava in collaboration with the Department of Yoga. The event featured 101 Surya Namaskaras, promoting physical fitness and traditional wellness practices among participants.

### International Yoga Day

On 21<sup>st</sup> June 2024, International Yoga Day activities were held in association with BR NC, promoting proper health and wellness through yoga practices.

### 5. **Evidence of Success:**

Many students registered for the yoga programs conducted by the institution.

They realized techniques and methods to improve their physical as well as mental health.

Pranayama helped them develop a focused mind and keep mental equilibrium. The results were visible with the students; they gained much confidence and their concentration in class increased after the yoga practice.

### 6. **Problems encountered and resource required:**

Some students struggled to focus due to various distractions, and many were not consistent in attending the sessions due to a lack of awareness about the benefits of yoga. However, the resources required for yoga were minimal, as the yoga mats were provided by the APS Trust, and the institution is well-equipped with the necessary infrastructure to conduct the classes.

7. **Note:** This unique best practice adopted in our institution can also be practiced by other educational intuitions of Higher Education in building a strong and healthy India.

  
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N.R. Colony, Bangalore-560 019.





# APS EDUCATIONAL TRUST

(A Regd. Public Trust - Estd : 1935)

## Acharya Pathasala College of Arts and Science

N.R. Colony, Bengaluru -560019.



Affiliated to Bengaluru City University, NAAC Re-accredited - B+ Grade



An IQAC Initiative  
Health Club Organizes

## Health Check-up Camp

In Association with  
Lions Club Bangalore Pride

A Special Talk on

“Common Problems of Women, Life Style, Disorders & Remedies”

By

**Dr. Ramya R.V BAMS, MD, Msc**

Assistant Professor, Dept. of Panchakarma  
Sushrutha Ayurvedic Medical College & Hospital Bangalore

Chief Guests

**Lion Mohan Kumar mjjf**

1st YDC - DISTRICT

**Lion Jayaramu**

President  
LCB PRIDE

**Dr. Ramya R.V BAMS, MD, Msc**

(Psy), YICC

**Dr. Abhishek Biswas BAMS, MD**

YICC

In Presence of

**CA Dr. Vishnu Bharath A.S**

President, APS Educational Trust

**Dr. S.C. Sharma**

Vice President, APSET

**Sri K. S. Akhilesh Babu**

Treasurer, APSET

**Sri P. Krishna Swamy**

Joint Secretary, APSET

**Dr. S. Rajeev**

Chairman, Governing Council, APSAS

**Sri R.V. Vijay Bhaskar**

Vice President, APSET

**Prof. A. Prakash**

General Secretary, APSET

**Sri. A.R. Manjunath**

Joint Secretary, APSET

**CA. A.P. Acharya**

Hon. Life Trustee & Mentor, APSET

On Saturday, 16th December 2023, Time: 10.00 am

**Dr. Narsimha Parvatikar**  
Convener Health Club

**Mrs. Vasanti K**  
IQAC Coordinator

**Dr. B. Jayashree**  
Principal

All Are Invited  
**Staff & Students**

*Narsimha Parvatikar*

*B. Jayashree 12/12*

APS College of Arts & Science  
N.R. Colony, Bangalore-560 019.





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Website: [apsartsandscience.org](http://apsartsandscience.org) Email: [apscollegeofartsscience@gmail.com](mailto:apscollegeofartsscience@gmail.com)

**Dr B.Jayashree**, M.Sc.,(Phy), M.Phil., Ph.D.,  
PRINCIPAL

## HEALTH CHECK-UP CAMP REPORT

The Health club of APS College of Arts and Science had organized a Health Checkup camp in association with Lions club Bangalore Pride for both students and faculty on 16<sup>th</sup> December 2023 at 10 A.M in Narmada Bai Auditorium.

The program started with the invocation by Anagha of 1<sup>st</sup> year BA, followed by the inauguration of health checkup camp by all the dignitaries on the stage by watering the plant.

Lion Mohan Kumar, 1<sup>st</sup> Vice District Governor, District 317A spoke about the importance of organizing health camps to create awareness about regular health checkups among people and informed how Lions Club Bangalore Pride is actively conducting events and campaigns to promote healthy lifestyle of the society.

The organizers of the health checkup camp felicitated Lion Mohan Kumar, Governor of Lions Club Bangalore Pride; CA Dr. Vishnu Bharat A.S, President, APSET; Dr. B. Jayashree, Principal APSAS.



Dr. B. Jayashree, Principal, APSAS addressed the gathering and said that our greatest wealth is health and we should always prioritize it above everything else. She said that in our college there are regular health checkup camps for students and faculty to create awareness among them about the need to maintain normal levels of Hemoglobin, Sugar etc. She advised the students to come up with any of their problems and get it treated from the Doctors.

*Dr. B. Jayashree*

*Dr. B. Jayashree* 17/12/23

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CA Dr. Vishnu Bharat A.S, President, APSET said in his presidential speech that it is very important for the youth of the country to maintain good health as they are the future citizens of the country. Regular health checkups help us to keep a track of our health issues and we can rectify any small illness by following good lifestyle and healthy habits is what he conveyed to the students. He inaugurated the health checkup camp by getting himself examined by the doctors for blood sugar levels and blood pressure. He motivated all the students and faculty to undergo the health checkups.



A special lecture for girls was organized on the topic "Common problems of Women, Lifestyle Diseases and Remedies" by Ramya. R.V, Assistant Professor Department of Panchakarma, Sushrutha Ayurvedic Medical College.

*APD Narabhar*

*Principal 17/12/23*  
**PRINCIPAL**  
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### Outcome:

Students and faculty were highly benefitted from the free health checkup camp. Remedies for numerous health problems were discussed and medicines were distributed for weakness and other common ailments. Awareness was created to maintain and lead a healthy lifestyle. Around 130 students and faculties participated and positive feedback was obtained.



*APD Narasimha*

*Beef* 12/12  
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**Narasimharaja Colony, Bangalore –560 019.**

Name of the Programme : Health Check-up Camp

Date: 16.12.2023

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N.R. Colony, Bangalore-560 019.



# Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

## Students Attendance List

Name of the Programme : Health Check-up Camp

Date: 16.12.2023

Sl. No.	Name of the Student	Course/Sem	Signature
1	Saikhiraman.K.S	B.A I <sup>st</sup> (E.P)	Saikhiraman
2	Nehitha.C.	BSc. 2 <sup>nd</sup> Sem	Nehitha.C.
3	Manoj.C	BCA 1 <sup>st</sup> Sem	Manoj.C
4	Harshad	IRA HK.	
5	Bemba.	DIBA.	Bemba.
6	Abhinav.G	3 <sup>rd</sup> BCA	Abhinav.G
7	Manish.M	2 <sup>nd</sup> BCA	Manish.M
8	Lokesh.H.G.	II BA	Lokesh.H.G.
9	Pavan.C	I BA	Pavan.C
10	Akash.R	I BCA	Akash.R.
11	Subramani.K	I BA	Subramani.K
12	Shikhar.Kumar	I BA	Shikhar.Kumar
13	Vignesh.S	I <sup>st</sup> BCA	Vignesh.S
14	Anup.A.Jannu	I <sup>st</sup> BCA	Anup.A.Jannu
15	Praveen K. Gowda	2 <sup>nd</sup> Sem B.A	Praveen K. Gowda
16	Athira.U.Rahman	I <sup>st</sup> Sem BCA	Athira.U.Rahman
17	Karthik Gowda.	I <sup>st</sup> Sem BA	Karthik Gowda.
18	Praveen Karthi.H.D	I <sup>st</sup> Sem BA	Praveen Karthi.H.D
19	Praveen Kumar.K	1 <sup>st</sup> Sem BSc	Praveen Kumar.K
20	Chandru Chawhan	1 <sup>st</sup> Sem BCA	Chandru Chawhan
21	Girish Gowda.C.R	1 <sup>st</sup> Sem B.A	Girish Gowda.C.R
22	Mallikarjun	1 <sup>st</sup> Sem BCA	Mallikarjun
23	Kishore.D	1 <sup>st</sup> Sem BCA	Kishore.D
24	Punith.V	1 <sup>st</sup> Sem BCA	Punith.V
25	Nagappa.B.Dulavi	3 <sup>rd</sup> Year BA (H)	Nagappa.B.Dulavi
26	Udaya Kiran.G.	3 <sup>rd</sup> Year BA	Udaya Kiran.G.
27	Roopesh.M.S	1 <sup>st</sup> Sem BCA	Roopesh.M.S
28	Gagan Gowda	1 <sup>st</sup> Sem BCA	Gagan Gowda
29	Praveen Gowda	I Sem BCA	Praveen Gowda
30	Praveen.S	I Sem BSc	Praveen.S
31	Harshith Raju	I Sem B.Sc	Harshith Raju
32	Devaraja.S	I <sup>st</sup> Sem B.A	Devaraja.S
33	Nagaraj	I <sup>st</sup> Sem B.A	Nagaraj
34	Bhima Shankar	I <sup>st</sup> BA	Bhima Shankar
35	Tyagar Kumar.C	I <sup>st</sup> BA	Tyagar Kumar.C



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PTD

Benjamin 12/12/28

PRINCIPAL

Principal  
Aps College of Arts & Science  
N.R. Colony, Bangalore-560 019.






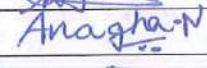
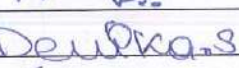
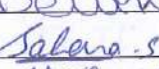
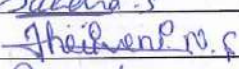
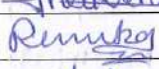
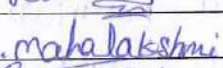
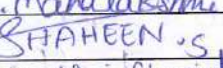
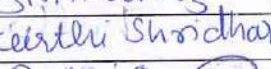
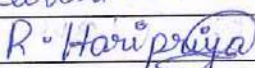
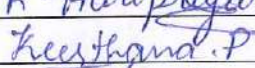
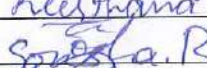
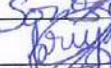
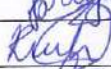

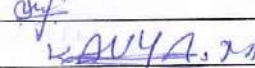
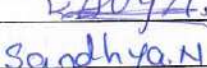
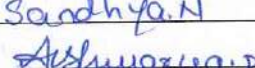
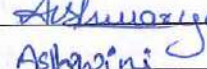
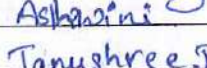
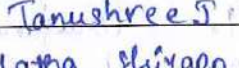
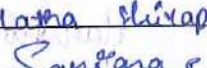
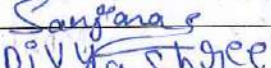
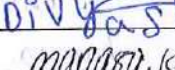
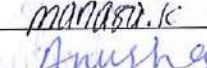
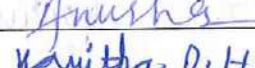

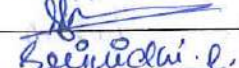
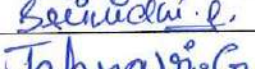
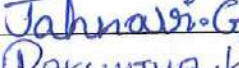
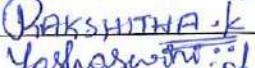
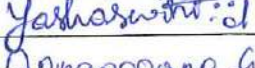
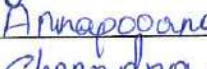
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Narasimharaja Colony, Bangalore -560 019.

## Students Attendance List

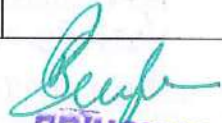
Name of the Programme : Health Check-up Camp

Date: 16.12.2023

Sl. No.	Name of the Student	Course/Sem	Signature
1	Shwetha .N	II year B.A. I Sem	
2	Rashika .H	II BA III sem	
3	Aishwarya .S	II BA III sem	
4	Anagha .N	I BA I Sem	
5	Deivika .S	II BCA I Sem	
6	Sahana .S	I <sup>st</sup> B.A	
7	Theothen .N.S	I Sem BCA	
8	Renuka .J	Ist sem BCA	
9	K.mahalakshmi	I <sup>st</sup> sem B.A	
10	Shaheen .S	I <sup>st</sup> Sem B-Sc	
11	Keerthi Shridhar	I <sup>st</sup> sem B.A	
12	R .Haripriya	I <sup>st</sup> Sem B.Sc	
13	Keerthana .P	I sem B.Sc	
14	Sonisha .R	I Sem B.Sc	
15	Priya .N	III sem B.A	
16	Ruchitha .G	III sem BCA	
17	Shalini .V	I <sup>st</sup> Sem BCA	
18	KAVYA .M	I <sup>st</sup> Sem BCA	
19	Sandhya .N	I <sup>st</sup> Sem BCA	
20	Aishwarya .P	I <sup>st</sup> Sem BCA	
21	Ashwini bai .N	I <sup>st</sup> Sem BA	
22	Tanushree .J	I <sup>st</sup> Sem BA	
23	Latha Shivappa	I <sup>st</sup> Sem BA	
24	Sanjana .S	I <sup>st</sup> Sem BA	
25	Divyashree	I <sup>st</sup> sem BA (HOB)	
26	Manasa .K	I <sup>st</sup> sem B.A	
27	Anusha .A.M	III sem B.A	
28	Kavitha .O.H	I sem BCA	
29	Kirana .B	I sem BCA	
30	Seenuidhi .S	I <sup>st</sup> Sem BCA	
31	Jahnavi .G	I <sup>st</sup> Sem BCA	
32	Rakshitha .K	I <sup>st</sup> Sem BA	
33	Yashaswini .D	I <sup>st</sup> sem BA	
34	Annapoorna .G	I <sup>st</sup> Sem BA	
35	Chadana	I <sup>st</sup> Sem BA	



Sl. No.	Name of the Student	Course/Sem	Signature
36.	Poomina .M	BCA 3 <sup>rd</sup> sem	Poomina .M
37.	Sandya .Y	BCA 3 <sup>rd</sup> sem	Sandya .Y
38.	Neghashree .R	BCA 3 <sup>rd</sup> sem	Neghashree .R
39.	Rakshitha .N	B.A 2 <sup>nd</sup> sem	Rakshitha .N
40.	Spoorthi .B	B.A 2 <sup>nd</sup> sem	Spoorthi .B
41.	Bhony .D	B.A 2 <sup>nd</sup> sem	Bhony .D
42.	Monika .	B.A 2 <sup>nd</sup> sem	monika
43.	Samritha	B.A 2 <sup>nd</sup> sem	Samritha
44.	Bindu	B.A 1 <sup>st</sup> sem	Bindu
45.	Rakshitha .R	B.A 2 <sup>nd</sup> sem	Rakshitha .R
46.	Rochitha .D.	BCA III sem	Rochi
47.	Prakruthi .P.	BCA III sem	Prakruthi
48.	Sanjana .N.J.	BCA III sem	Sanjana
49.	Priyanka .N.B	BCA III sem	Priyanka .N.B
50.	Roopa .K	BCA III sem	Roopa .K
51.	Pallavi .A	BCA III sem	Pallavi
52.	Tanya .H	BCA III sem	Tanya .H
53.	Harshitha .C	B.A IV sem	Harshitha
54.	Shwetha .M	B.A IV sem	Shwetha
55.	Sahana .N.S	B.A IV sem	Sahana
56.	Thiruvishree .M	BA V sem	Thiruvishree
57.	Rakshitha .S	BA V sem	Rakshitha
58.	Harshini .C	BA V sem	Harshini
59.	Prithvi .N	BA V sem	Prithvi
60.	Yashashwini .R	BCA I <sup>st</sup> sem	Yashashwini .R
61.	Gunjana	B.Sc I <sup>st</sup> Sem	Gunjana
62.	Harshitha .K	B.Sc I <sup>st</sup> Sem	Harshitha
63.	Monisha	B.Sc I <sup>st</sup> Sem	Monisha .K.
64.	Kanya	B.Sc I <sup>st</sup> Sem	Kanya
65.	Apoorva	B.Sc I <sup>st</sup> Sem	Apoorva
66.	Pooja	B.Sc I <sup>st</sup> Sem	Pooja .S
67.	Kokila	B.Sc I <sup>st</sup> Sem	Kokila
Around 130 Students participated			

  
 17/12/23  
**PRINCIPAL**  
 APS College of Arts & Science  
 N.R. Colony, Bangalore-560 019.



# Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

## Students Feedback

Name of the Programme : Health Check-up Camp

Date: 16.12.2023

Sl. No.	Name of the Student	Course/Sem	Feedback	Signature
1.	Seikidharan .K.S	B.A I <sup>st</sup>	It was Good	Seikidharan
2.	Nolithe .C	B.Sc. Isem	It was good	Nolithe
3.	Harshad	I BA HK	It was good	Harshad
4.	Manoj .G	I BCA	It was good	Manoj
5.	Abhinav .Y	3 <sup>rd</sup> BCA	Good	Abhinav
6.	LOKESH .G	II BA	Good	LOKESH
7.	Bemba.	II BCA	None	Bemba
8.	Manish	II BCA	Good	Manish
9.	Parvath	I BCA	Good	Parvath
10.	Akash .R	I-BCA	Good	Akash .R
11.	Vijesh	I <sup>st</sup> BCA	Good	Vijesh
12.	Shivakumar	I <sup>st</sup> BA	Good	Shivakumar
13.	Subhramani .K	I <sup>st</sup> BA	Good	Subhramani
14.	Anup .A. Jannu	I <sup>st</sup> BCA	Good	Anup
15.	Athira	I <sup>st</sup> BCA	Good	Athira
16.	Prasanna .K. Gowda	I <sup>st</sup> MCA	Good	Prasanna
17.	Praveen Kumar	1 <sup>st</sup> Sem BSc	Nice	Praveen
18.	Karthik Gowda .D	1 <sup>st</sup> sem BA	Good	Karthik
19.	Lakshmi Konth .HD	1 <sup>st</sup> sem BA	Better	Lakshmi
20.	Chandana Chandan	1 <sup>st</sup> sem BCA	Good	Chandana
21.	Gurish Gowda .CR	1 <sup>st</sup> sem BCA	NICE	Gurish
22.	Mallikarjun	1 <sup>st</sup> sem BCA	Good	Mallikarjun
23.	Kishore .D	1 <sup>st</sup> Sem BCA	NICE	Kishore
24.	Punith .V	1 <sup>st</sup> sem BCA	Good	Punith
25.	Nagappa .B. Dalavi	3 <sup>rd</sup> year BA (H)	Good	Nagappa
26.	Roshan .K.S	1 <sup>st</sup> sem BCA	Good	Roshan
27.	Prashant Yadav	I Sem BCA	Good	Prashant
28.	Uday Kishan	II <sup>nd</sup> year BA	Good	Uday
29.	Harith Raju	I <sup>st</sup> B.Sc	Good	Harith
30.	AVINASH B.S	1 <sup>st</sup> B.Sc	Better	AVINASH
31.	Devasaja .S	1 <sup>st</sup> B.A.	Good	Devasaja
32.	Prima Shankar	1 <sup>st</sup> BA	V. good	Prima
33.	Nagappa	1 <sup>st</sup> BA	V. good	Nagappa
34.	Punith Gowda .K.M	I sem BSc	Punith Gowda (good)	Punith
35.	Tejas Kumar .C	I sem BA	Good	Tejas



Feedback

Sign

Sl. No.	Name of the Student	Course/Sem	Signature
36	Syed Suffiyan	I <sup>st</sup> BA	Syed Suffiyan
37	Gagan Gouda.	I <sup>st</sup> BCA	Excellent
38	Vinay Kumar	I <sup>st</sup> B.A	Very Good.
39	Abhishek Gouda.k.B	III BSc	Very useful
40	Manoj.m.s	V <sup>th</sup> Sem B.A	Amma
41	Gachin.s	III sem BA	very good
42	Georah m.n	III sem B.A	Better
43	Rakshi Ha.R	I Sem B.A	Nice
44	Bimlu M.K	I Sem B.A	very good.
45	Spoorthi.B	I <sup>st</sup> Sem B.A	very useful
46	Rakshitha.N	I <sup>st</sup> Sem B.A	Useful
47	Monika.S	I <sup>st</sup> Sem B.A	Nice
48	Blavya.D	2 <sup>nd</sup> Sem B.A	Very Useful
49	Rochitha.D.	III Sem BCA	Satisfactory.
50	Sanjana.N.T.	III Sem BCA	Good
51	Prakruthi.P.	III Sem BCA	Good.
52	Pallavi.A	III sem BCA	Better
53	Tanya.H	III sem BCA	Good
54	Priyanka.N.B	III Sem BCA	Nice
55	ROOPA.K	III sem BCA	OK
56	Harshitha.C	V sem B.A	useful
57	Shruthi.M	V sem B.A	Good
58	Sahana.N.S	V sem B.A	Nice
59	Therushree.M	V sem B.A	useful
60	Rajeshitha.S	V sem BA	Better
61	Harshini.C	V sem BA	Good
62	Ruthu.N	V sem BA	Great
63	Yashashwini.R	I Sem BCA	useful
64	Harshitha.K	I sem BSc	Good
65	Pooja.S	I sem BSc	Good
66	Srejana.S	I sem BSc	Good.
67	Monika.N.K	I Sem B.Sc	Informative
68	Kokila	I <sup>st</sup> Sem BSc	Helpful
69			
70			

feed back taken from 68 students

17/12/23

PRINCIPAL

APS College of Arts & Science  
N.R. Colony, Bangalore-560 019.





Sachin  
20yrs 1m

16/12/23

BP - 120/80 mmHg

Cap Doxycycline - (10)  
1-2 AF

Ointment - Clindamycin  
+ Diclofenac.

- Anipatti kara churna. - 1 tsp  
Night with  
hot water.

Sachin 16/12/23

PRINCIPAL  
APS College of Arts & Science  
N.R. Colony, Bangalore-560 019.

Sachin



**Krishnanjali Ayurda Clinic**  
(Panchakarma Center)



No. 47, Mathrubai Enclave, Ground floor, 3rd cross, Old bank colony, Chunchugatta main road, Konesakunte, Bengaluru - 560062





**APS EDUCATIONAL TRUST**

(A Regd. Public Trust - Estd : 1935)

**Acharya Pathasala College of Arts and Science**

**N.R. Colony, Bengaluru -560019.**

**Affiliated to Bengaluru City University, NAAC Reaccredited - B+ Grade**



**Cordially Invites You to**



**DONATE BLOOD**



**SAVE LIFE**



**Youth Red Cross**

# **Voluntary Blood Donation Camp**

**Organizes by NSS, NCC & YRC Units in Association with**



**Lions Club of Bangalore Pride**

**On Saturday the 22<sup>nd</sup> June 2024 at 10.00 am**

**Venue: Smt. Narmadabai Ananthachar Rangamandhira**

**Presided by**

**CA. Dr. Vishnu Bharath. A.S**

**President, APS Educational Trust**



**Special Invitees**

**Prof. A. Prakash**

**General Secretary, APSET**



**Chief Guest**

**Lion Srinath. M.A**

**President**

**Lions Club of Bangalore Pride**

*Beethu*  
**PRINCIPAL**

**APS College of Arts & Science**  
**N.R. Colony, Bengaluru-560 019,**

**In Presence of**

**Dr. B. Jayashree**

**Principal**

**Ms. Vishalakshi. M.N**  
**NCC Officer**

**Sri. Hareesha. M.C**  
**NSS Programme Officer**  
**Staff & Students**

**Sri. Sunil Kumar. K**  
**YRC Programme Officer**





# **Acharya Pathasala College of Arts & Science**

**Narasimharaja Colony, Bangalore – 560 019**

Website: [apscollegeofartsandscience.com](http://apscollegeofartsandscience.com) Email: [apscollegeofartsandscience@gmail.com](mailto:apscollegeofartsandscience@gmail.com)

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## **VOLUNTARY BLOOD DONATION CAMP-2023-24**

On June 22, 2024, a Voluntary Blood Donation Camp was organized at APS College of Arts and Science under NSS, NCC, and YRC units, in collaboration with the Lions Club of Bangalore Pride. The event attracted enthusiastic participation from both students and staff.

### **Objectives:**

1. To raise awareness about blood donation within the community.
2. To emphasize the importance of blood donation among students.
3. To encourage students and staff to donate blood.

Lion Srinath M. A., President, Lions club Bangalore pride addressed and welcomed the gathering, stating that any day is a great day to save lives through blood donation. He commended the college for hosting the voluntary blood donation camp and expressed gratitude for the opportunity to raise awareness about this crucial issue.

In her address, Prof. B. Jayashree, Principal, remarked on the noble nature of blood donation and highlighted its significance. She said "Blood donation is the most sacred among all the donations" and everybody must contribute towards it. She noted that despite advancements in technology over the years, nothing can replace the necessity of blood donation. She also mentioned that the college has been organizing blood donation camps for several years.

Lions club Bangalore pride organization gave a token of appreciation for the college management and applauded the efforts for conducting such drives.

### **Outcomes:**

The event successfully raised awareness about the importance of blood and blood donation, promoting a healthy lifestyle among students. A total of 55 units of blood were collected.





*Beep*  
 PRINCIPAL  
 APS College of Arts & Science  
 N.R. Colony, Bangalore-560 019.





# Lions Blood Centre

(Lions Medical Service Trust @)

DL. NO.: KTK/28C-305/2016

Prasad Elegance, No. 2925/A-16, 2nd Floor, West of Chord Road,  
Vijayanagara, Attiguppe, Bengaluru - 560040.

We Serve E-mail: lionsbloodbank317a@gmail.com, Ph: 080-23392676 / 23394668, 9901151



## BLOOD DONOR QUESTIONNAIRE & CONSENT FORM

Name: Dr. M. H. Age: 31 Yrs. Gender: M/F  
Marital Status: ☒ Single ☐ Married Date of Birth: 08/02/1993  
Address: H-42/2/3 98th Ave 9th Cross  
Father Name: Dr. Jose Mother Name: Dr. Jose  
Husband's / Wife's Name: \_\_\_\_\_ Phone No: \_\_\_\_\_ Mob: 9738536203

(✓) Tick appropriate answer:

My Blood Group is: A+

1. Do you feel well today?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	4. Have you any reason to be infected by either Hepatitis B & C, HIV Virus, VDRL & MP	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
2. Did you sleep well last night?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	5. Have you donated blood previously?	<input type="checkbox"/> Yes <input type="checkbox"/> No
3. Did you have something to eat in the last 4 hrs?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	6. Did you have any discomfort during / after your previous donation?	<input type="checkbox"/> Yes <input type="checkbox"/> No

7. PLEASE DO NOT DONATE IF YOU HAVE ANY OF THE FOLLOWING:  
Anemia, Asthma, Allergic / Bleeding disorders, Cancer, Epilepsy, Diabetes, Haemophilia, Heart Disease, Tuberculosis, Typhoid 1 year  
Infections, Cold Fever, Alcoholic, Chronic Disease, Low/High Blood Pressure, Malaria, Kidney disorders, Endocrine disorders,  
(Thyroid) Schizophrenia, Leprosy, Lung Disease, Polycythemia Vera, Respiratory Disorders, Skin Problems, Fainting Spells, Abnormal bleeding Tendency
8. DO YOU SUFFER FROM OR HAVE SUFFERED FROM ANY OF THE FOLLOWING:  
☐ Unexplained Weight Loss ☐ Repeated Diarrhea ☐ Swollen Glands ☐ Continuous Low-grade-fever
9. IN THE LAST 6 & 12 MONTHS HAVE YOU HAD ANY HISTORY OF THE FOLLOWING  
☐ Tattooing, ☐ Ear Piercing, ☐ Tooth extraction, ☐ Minor Surgery, ☐ H/O Blood Transfusion, ☐ Chicken Pox, ☐ Major Surgery  
IN 12 MONTHS ☐ Major Surgery, ☐ Typhoid, ☐ Jaundice, ☐ Dog bite ☐ Rabies Vaccine  
☐ Immunoglobulin & Blood Duration (3 Months)
10. WOMEN: ☐ H/O Pregnancy, ☐ Are you Breast feeding Mother (1 Year),  
☐ Abortion (3 months), ☐ Menstrual Period (7 Days)
11. ARE YOU TAKING OR HAVE TAKEN ANY OF THESE ☐ Antibiotics, ☐ Aspirin, ☐ Steroids, ☐ Vaccinations ☐ Alcohol
12. As per KSBTC the Blood Bank is permitted to test the unit of Blood only after collection, and not the donors sample.
13. Would you like to be informed about any abnormal test result at the address furnished by you?  
Yes ☐ No ☐
14. Have you read and understood all the information presented and answered all the questions truthfully, as any incorrect statement or concealment may affect your health or may harm the recipient.  
Yes ☐ No ☐

I understand that

- a) Blood Donation is totally a voluntary act and no inducement or remuneration has been offered.  
b) I authorised the Blood Bank to utilize my Blood and Blood products for plasma fractionation and other means which are legally valid.  
c) Donation of Blood / components is a medical procedure and that by donating voluntarily, I accept the risks associated with this procedure. I do not hold our company / organisation responsible in any way.  
d) My blood will be tested for Hepatitis B, Hepatitis C, Malaria Parasite, HIV / AIDS and VDRL in addition to any other screening tests required to ensure blood safety.  
I prohibit any information provided by me or by my donation to be disclosed to any individual or government agency ("without my prior permission")  
e) I consent that it has been more than 14 days since my COVID-19 vaccination & I am donating blood voluntarily

Signature of Donor

### For Blood Bank Use Only

Nature of Donation: ☒ R ☐ S

Segment No. 31X39415

Bag Use S Q T Q

Date & Time of Collection	Unit No	Group & Rh	Hb%	Weight in Kg.	Pulse / Minute	Temp °C	BP mm of Hg	Medical Officer's Sign.
<u>22/06/24</u>		<u>A+</u>	<u>15.6</u>	<u>86</u>	<u>92bpm</u>	<u>37.0</u>	<u>120/80</u>	<u>[Signature]</u>

[Signature]  
PRINCIPAL  
APS College of Arts & Science  
N.R. Colony, Bangalore-560 019.





# Lions Blood Centre

(Lions Medical Service Trust @)

DL. NO.: KTK/28C-305/2018

Prasad Elegance, No. 2925/A-16, 2nd Floor, West of Chord Road,  
Vijayanagara, Attiguppa, Bengaluru - 560040.

We Serve E-mail: lionsbloodbank317a@gmail.com, Ph: 080-23392878 / 23394666, 990115553



## BLOOD DONOR QUESTIONNAIRE & CONSENT FORM

Name: Guntashekar J Age: 23 Yrs. Gender: M / F  
 Marital Status: ☒ Single ☐ Married Date of Birth: 26/01/2001  
 Address: # H13/A, 7th main road, Hanumanth nagar,  
Bangalore - 560019.  
 Father Name: Sameer Achari Mother Name: Rethna J  
 Husband's / Wife's Name: — Phone No: 6361969545 Mob: —

(✓) Tick appropriate answer:

My Blood Group is: B +ve

- |   |   |   |   |
|---|---|---|---|
| 1. Do you feel well today?                          | Yes <input checked="" type="checkbox"/> No <input type="checkbox"/> | 4. Have you any reason to be infected by either Hepatitis B & C, HIV Virus, VDRL & MP | Yes <input type="checkbox"/> No <input checked="" type="checkbox"/> |
| 2. Did you sleep well last night?                   | Yes <input checked="" type="checkbox"/> No <input type="checkbox"/> | 5. Have you donated blood previously?   | Yes <input type="checkbox"/> No <input checked="" type="checkbox"/> |
| 3. Did you have something to eat in the last 4 hrs? | Yes <input checked="" type="checkbox"/> No <input type="checkbox"/> | 6. Did you have any discomfort during / after your previous donation?                 | Yes <input type="checkbox"/> No <input checked="" type="checkbox"/> |
7. PLEASE DO NOT DONATE IF YOU HAVE ANY OF THE FOLLOWING:  
 Anemia, Asthma, Allergic / Bleeding disorders, Cancer, Epilepsy, Diabetes, Haemophilia, Heart Disease, Tuberculosis, Typhoid 1 year Infections, Cold Fever, Alcoholic, Chronic Disease, Low/High Blood Pressure, Malaria, Kidney disorders, Endocrine disorders, (Thyroid) Schizophrenia, Leprosy, Lung Disease, Polycythemia Vera, Respiratory Disorders, Skin Problems, Fainting Spells, Abnormal bleeding Tendency
8. DO YOU SUFFER FROM OR HAVE SUFFERED FROM ANY OF THE FOLLOWING:  
☐ Unexplained Weight Loss ☐ Repeated Diarrhea ☐ Swollen Glands ☐ Continuous Low-grade-fever
9. IN THE LAST 6 & 12 MONTHS HAVE YOU HAD ANY HISTORY OF THE FOLLOWING  
☐ Tattooing, ☐ Ear Piercing, ☐ Tooth extraction, ☐ Minor Surgery, ☐ H/O Blood Transfusion, ☐ Chicken Pox, ☐ Major Surgery  
 IN 12 MONTHS ☐ Major Surgery, ☐ Typhoid, ☐ Jaundice, ☐ Dog bite ☐ Rabies Vaccine  
☐ Immunoglobulin & Blood Duration (3 Months)
10. WOMEN : ☐ H/O Pregnancy, ☐ Are you Breast feeding Mother (1 Year).  
☐ Abortion (3 months), ☐ Menstrual Period (7 Days)
11. ARE YOU TAKING OR HAVE TAKEN ANY OF THESE ☐ Antibiotics, ☐ Aspirin, ☐ Steroids, ☐ Vaccinations ☐ Alcohol
12. As per KSBTC (the Blood Bank is permitted to test the unit of Blood only after collection, and not the donors sample.
13. Would you like to be informed about any abnormal test result at the address furnished by you?  
 Yes ☒ No ☐
14. Have you read and understood all the information presented and answered all the questions truthfully, as any incorrect statement or concealment may affect your health or may harm the recipient.  
 Yes ☒ No ☐

I understand that

- a) Blood Donation is totally a voluntary act and no inducement or remuneration has been offered.  
 b) I authorised the Blood Bank to utilize my Blood and Blood products for plasma fractionation and other means which are legally valid.  
 c) Donation of Blood / components is a medical procedure and that by donating voluntarily, I accept the risks associated with this procedure. I do not hold our company / organisation responsible in any way.  
 d) My blood will be tested for Hepatitis B, Hepatitis C, Malaria Parasite, HIV / AIDS and VDRL in addition to any other screening tests required to ensure blood safety.  
 I prohibit any information provided by me or by my donation to be disclosed to any individual or government agency ("without my prior permission")  
 e) I consent that it has been more than 14 days since my COVID-19 vaccination & I am donating blood voluntarily.

Signature of Donor

### For Blood Bank Use Only

Nature of Donation: ☒ V ☐ R

Segment No. 31788683

Bag Use ☐ S ☒ O ☐ Q

Date & Time of Collection	Unit No	Group & Rh	Hb%	Weight in Kg.	Pulse / Minute	Temp °C	BP mm of Hg	Medical Officer's Sign.
22/06/24		B <sup>+</sup> W	14.5	84 kg	87 bpm	36	120/80	Dr.

*[Signature]*  
**PRINCIPAL**

APS College of Arts & Science  
 N.R. Colony, Bangalore-560 019.



# Certificate of Appreciation

Lions Clubs International - District 317A

Date : 22-06-24

This Certificate is awarded to

Ms./Mr. ✓ Vishnu Satvik

In recognition of your valuable contribution to save many precious lives by donating blood.

We would request you to spread the message of voluntary blood donation amongst your friends.

Blood Group

A	B	✓ O	AB
---	---	-----	----

Rh : POSITIVE ✓  
NEGATIVE

Medical Officer

Organiser



We Serve

## LIONS BLOOD CENTRE

DL. No. : KTK/28C-305/2016

Prasad Elegance, # 2925/A, 2nd Floor, Attiguppe, Vijayanagar, W.O.C. Road,  
Bangalore - 560 040, Ph : 080-23392676, 23394666., Mobile : 99011 55344, 9845165539.

E-mail : lionsbloodbank317a@gmail.com



Principal  
APS College of Arts & Science  
N.R. Colony, Bangalore-560 019.



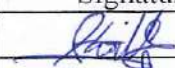




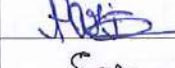
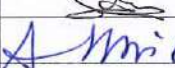

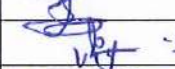
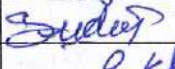
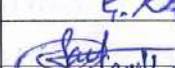
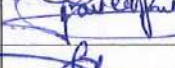

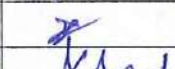
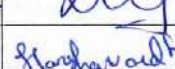
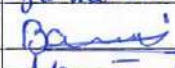

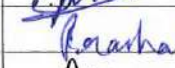
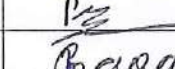
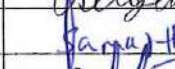
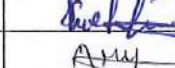
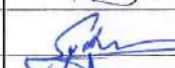






# Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

## Students Attendance List

Name of the Programme : Voluntary Blood Donation Camp

Date: 22.06.2024

Sl. No.	Name of the Student	Reg. No.	Course/Sem	Signature
1.	Karthik Gowda		BA II Sem	
2.	Santhosh		BA II Sem	
3.	Subramani		BA II Sem	
4.	Vinay		BA II Sem	
5.	Laxithanth		BA II Sem	
6.	Shivakumar		BA II Sem	
7.	Pranodhini Sagar		B.Sc II Sem	
8.	Harish		BA II Sem	
9.	Sachin S		BA II Sem	
10.	Amruthasilo		BCA II Sem	
11.	Anirudh G.R		BA II Sem	
12.	Shwetha N		BA IV Sem	
13.	Vignesh S		BCA II Sem	
14.	Suddeep		BA II Sem	
15.	Venkatesh G		B	
16.	Sachin S		B.Sc II Sem	
17.	Praveenkumar K		BSC 2nd Sem	
18.	Girish K S		B.A 3rd Sem	
19.	Vinod		B.A 3rd Sem	
20.	Jagadish S		B.Com 2nd Sem	
21.	Athula		BCA 3rd Sem	
22.	Shashvardhan Y.V.		B.Com 2nd year	
23.	Basavaraj C.K		BA 2nd year	
24.	Manoj P		BCA 3rd Sem	
25.	Sree Vidya V		BA 3rd Sem	
26.	Prashanth Yadav		BCA 3 Sem	
27.	Panthur Raj		B.Com 3 Sem	
28.	Prasan S		B.Com 3 Sem	
29.	Samaytha L		B.Com 3 Sem	
30.	Syed Huseen		B.C.A 3 Sem	
31.	Arun		BCA 3rd Sem	
32.	Syed Zoman		BCA 3rd Sem	
33.	Sajjad ulha		BCA 3rd Sem	
34.	Sai Shekhar V		BCA 3rd Sem	
35.	Shuman Kumari		Intern B.Sc.	

  
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N.R. Colony, Bangalore-560 019.









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On the occasion of

**MENSTRUAL HYGIENE DAY**

Women Empowerment Cell & Health Club Organizes

**Soft Skills & Hygiene Training For Girls Students**

In Association with

**Campus Konnect (Brand touch & Analytics Pvt. Ltd)**

**Chief Guest**

**C.A. Dr. Vishnu Bharath A.S**

President, APS Educational Trust

**Resource Person**

**Smt. Shilpa Narayan**

Soft Skill Trainer

**Presided by**

**Prof. B. Jayashree**

Principal, APSAS

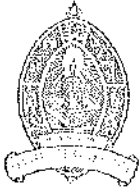
**On 30<sup>th</sup> May 2024, at 11.30 am**

**Venue: New Seminar Hall, APSAS**

**All are Invited**

**Students & Staff**





## **Acharya Pathasala College of Arts & Science**

**Narasimharaja Colony, Bangalore –560 019.**

### **REPORT ON WORLD MENSTRUAL HYGIENE DAY**

The Women Empowerment Cell and Health Club of APS College of Arts and Science in collaboration with Campus Konnect (Brand Touch and Analytics Pvt.Ltd), organized a comprehensive soft skills and Hygiene training session dedicated to girl students on the occasion of Menstrual Hygiene Day on May 30th, 2024. The program aimed to educate and empower female students regarding health, hygiene, and the importance of self-care during menstruation. This initiative saw active participation from approximately 230 girl students from both the APS PU and APS college of Arts and Science.

#### **OBJECTIVES:**

- Raising awareness about menstruation and breaking the taboo and stigma associated with it.
- Providing accurate information about menstrual hygiene and health.
- Empowering girls and women to make informed decisions about their health and well-being, this can lead to greater gender equality.

These objectives aim to create a world where every girl and woman can manage her menstruation safely, hygienically, with confidence and without shame.

The program commenced with an inaugural address by CA Dr. Vishnu Bharat, President of APS Educational Trust. Dr.Vishnu Bharat emphasized the critical importance of maintaining good health and hygiene. His opening remarks set the initiative for the session highlighting the need for awareness and education on these vital issues to promote overall well-being among female students.

Mrs. Shilpa Narayan, an experienced Soft skill trainer from Campus Konnect provided tips on maintaining health and hygiene during menstruation. She discussed practical advice on daily routines and personal care practices to help students manage their menstrual health effectively. She emphasized more on proper usage and timely changing of sanitary napkins to prevent infections.



Nutritional advice to support menstrual health, including a balanced diet rich in iron and vitamins. She spoke on methods for disposing sanitary napkins to protect the environment and encouraged the use of eco-friendly menstrual products to reduce environmental impact.

Prof. B. Jayashree, Principal of APS College of Arts and Science, commended the efforts of Mrs. Shilpa Narayan and expressed her appreciation for the initiative. She highlighted the importance of such educational programs in breaking the taboo surrounding menstruation. Prof. Jayashree urged the students not to feel shy or embarrassed about discussing menstrual issues. She emphasized the need for open communication and awareness about the physical and emotional changes experienced during menstruation. She created awareness about the monthly changes and hormonal fluctuations associated with menstruation addressing common menstrual issues such as cramps, mood swings, and depression.

#### OUTCOMES:

- Gradual breakdown of cultural and societal taboos and myths associated with menstruation, creating a more inclusive and supportive environment for discussing and addressing menstrual health.
- Progress towards gender equality by addressing menstrual health as a fundamental aspect of women's rights and well-being, reducing gender disparities in education and employment.

The highlights of the training were to create Self-Branding .She emphasized on the significance of personal hygiene as part of one's self-brand. Building confidence and self-esteem through proper self-care practices.

The session witnessed enthusiastic participation from the students, who engaged actively in the discussions and interactive segments of the training. The students expressed their gratitude for the valuable insights provided by the trainers and acknowledged the importance of the knowledge gained.

  
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Bengaluru, Karnataka, India  
46, Sannidhi Cross Rd, NR Colony, Basavanagudi, Bengaluru, Karnataka 560004  
Lat 12.939842°



Bengaluru, Karnataka, India  
46, Sannidhi Cross Rd, NR Colony, Basavanagudi, Bengaluru, Karnataka 560004  
Lat 12.939769°



Bengaluru, Karnataka, India  
46, Sannidhi Cross Rd, NR Colony, Basavanagudi, Bengaluru, Karnataka 560004,  
Lat 12.939854°  
Long 77.567452°  
30/05/24 12:02 PM GMT +05:30

*Deepa*  
**PRINCIPAL**  
APS College of Arts & Science  
N.R. Colony, Bangalore-560 019.



# Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

## Students Attendance List

Name of the Programme : Soft Skills & Hygiene Training For Girls Students

Date: 30.05.2024

Sl. No.	Name of the Student	Reg. No.	Course/Sem	Signature
1.	Manjula .T	U18AK21SD036	VI <sup>th</sup> sem BCh	Manjula .T
2.	Harekatha .E	U18AK21S0044	- II -	Harekatha
3.	Indhushree .N	U18AK21S0059	- II -	Indhu
4.	Sneha .B	U18AK21S0054	- II -	Sneha
5.	Preeti H.S	U18AK21S0028	VI <sup>th</sup> sem BSC	Preeti H.S
6.	Shruti S.H	U18AK21S0022	- II -	Shruti S.H
7.	Preeti R	U18AK21S0032	- II -	Preeti R
8.	Aishwarya	U18AK21S0012	VI <sup>th</sup> sem BSC	Aishwarya
9.	Soni .R	U18AK21S0009	- II -	Soni .R
10.	Harekatha M	U18AK21S0018	- II -	Harekatha M
11.	Anusha .M	U18AK21S0040	VI <sup>th</sup> sem BCh	Anusha
12.	Deeksha	U18AK21S0081	VI <sup>th</sup> sem BCh	Deeksha
13.	Sunitha S	U18AK22A0016	IV <sup>th</sup> sem BA	Sunitha S
14.	Aishwarya G	U18AK22A0015	IV <sup>th</sup> sem BA	Aishwarya G
15.	Anusha .G	U18AK22A0028	IV <sup>th</sup> sem BA	Anusha .G
16.	Sowbhagya D	U18AK22A0018	IV <sup>th</sup> sem BA	Sowbhagya
17.	Kathayini	U18AK22A0032	IV <sup>th</sup> sem BA	Kathayini
18.	Yashaswini M	U18AK21S0024	VI <sup>th</sup> sem BSC	Yashaswini M
19.	Vinaygarai A	U18AK21S0021	VI <sup>th</sup> sem BSC	Vinaygarai A
20.	VASHASINI L	U18AK21S0033	VI <sup>th</sup> sem BSC	VASHASINI L
21.	Pramodini Sagar M	U18AK21S0029	6 <sup>th</sup> sem B.Sc (C.B)	Pramodini Sagar M
22.	Sukanya D.J	U18AK21S0027	VI <sup>th</sup> sem BSC	Sukanya D.J
23.	Aishwarya P	U18AK23S0044	2 <sup>nd</sup> sem BCA	Aishwarya P
24.	Anusha .R	U18AK23S0058	2 <sup>nd</sup> sem BCA	Anusha .R
25.	Sandhya .N	U18AK23S0035	2 <sup>nd</sup> sem BCA	Sandhya .N
26.	Kavya	U18AK23S0003	2 <sup>nd</sup> sem BCA	Kavya
27.	Annapurneshwari	U18AK23S0013	2 <sup>nd</sup> sem BCA	Annapurneshwari
28.	Sivaranjan .R	U18AK23S0060	" "	Sivaranjan .R
29.	Shalini V	U18AK23S0007	" "	Shalini V
30.	Manasa .K	U18AK23S0015	" "	Manasa .K
31.	Kavitha .DH	U18AK23S0054	" "	Kavitha .DH
32.	Pooja .S	U18AK21S0003	3 <sup>rd</sup> year BSC	Pooja .S
33.	Chandana G	U18AK21S0010	3 <sup>rd</sup> year BSC	Chandana G
34.	POORNIMA .P	U18AK21A0010	3 <sup>rd</sup> year B.A	POORNIMA .P
35.	Dhanalakshmi .N	U18AK21A0003	3 <sup>rd</sup> year BA	Dhanalakshmi .N







# Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

## Students Attendance List

Name of the Programme : Soft Skills & Hygiene Training For Girls Students

Date: 30.05.2024

Sl. No.	Name of the Student	Reg. No.	Course/Sem	Signature
01	Madhuri.P	U18AK23A0013	Psychology II sem	Madhuri.P
02	Divyashree	U18AK23A0014	(H.K) II sem	Divyashree
03	Anagha.N	U18AK23A0008	(H.E) II sem	Anagha.N
04	Thiriveni.N.S	U18AK23S0011	BCA II Sem	Thiriveni.N.S
05	Sahana.S	U18AK23S0008	BCA 2 <sup>nd</sup> Sem	Sahana.S
06	Rochitha.D	U18AK22S0010	BCA 4 <sup>th</sup> Sem	Rochitha.D
07	Sanjana.N.J.	U18AK22S0014	BCA 4 <sup>th</sup> Sem	Sanjana.N.J.
08	Praakruthi.P	U18AK22S0008	BCA 4 <sup>th</sup> Sem	Praakruthi.P
09	Lakshmi.T	U18AK22S0009	BCA 4 <sup>th</sup> Sem	Lakshmi.T
10	Meghashree.R	U18AK22S0016	BCA 4 <sup>th</sup> Sem	Meghashree.R
11	Manasa.K	U18AK22S0002	BCA 4 <sup>th</sup> Sem	Manasa.K
12	Anusha.M.N	U18AK22S0024	BCA IV sem	Anusha.M.N
13	Sanyc Saba	U18AK21S0017	BSc II sem	Sanyc Saba
14	Jyothi Yerna	U18AK21S0004	BSc II sem	Jyothi Yerna
15	Vagundya.P	U18AK21S0014	B.Sc VI sem	Vagundya.P
16	Diana.K	U18AK21S0011	B.Sc VI sem	Diana.K
17	Rakshitha.S	U18AK21A0031	B.A VI sem	Rakshitha.S
18	Thamughra.M	U18AK21A0092	B.A VI sem	Thamughra.M
19	Arpitha.B.H	U18AK21A0027	B.A VI sem	Arpitha.B.H
20	Harshitha	U18AK21A0030	B.A VI sem	Harshitha
21	Ranjitha	U18AK21A0030	B.A VI sem	Ranjitha
22	Harshini.C	U18AK21A0076	B.A VI sem	Harshini.C
23	Chaidexi.M	U18AK21A0089	BA VI sem	Chaidexi.M
24	Jayashree	U18AK21A0035	BA VI sem	Jayashree
25	Pooja.V	U18AK21A0001	BA VI sem	Pooja.V
26	Niveditha.M	U18AK21A0023	BA VI sem	Niveditha.M
27	Hemavathi.R	U18AK21A0013	BA VI sem	Hemavathi.R
28	Priya.K	U18AK220X005	MA IV sem	Priya.K
29	Prema.E	U18AK220X009	MA IV sem	Prema.E
30	Spoorthi.B	U18AK23A0006	BA II Sem (E.P)	Spoorthi.B
31	Rakshitha.N	U18AK23A0019	BA II Sem (E.P)	Rakshitha.N
32	Bhavya.D	U18AK23A0035	BA II Sem (E.P)	Bhavya.D
33	Kokila.S	U18AK23S0076	BSC II Sem (PM)	Kokila.S
34	Apoorva.K.P	U18AK23S0009	BSC II Sem (PM)	Apoorva.K.P
35	Kavya.M	U18AK23S0041	BSC II Sem (PM)	Kavya.M



# Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

## Students Attendance List

Name of the Programme : Soft Skills & Hygiene Training For Girls Students

Date: 30.05.2024

Sl. No.	Name of the Student	Reg. No.	Course/Sem	Signature
36	Monisha. N. K	U18AK23S0029	II sem B.Sc	Monisha.N.K.
37	Harshitha. K	U18AK23S0025	II Sem Bsc	Harshitha. K
38	Srujana S	U18AK23S0031	II Sem Bsc	Srujana S
39	Meghana	U18AK22A0044	IV Sem BA	Meghana. J
40	vasantha Bai. R	U18AK22A0009	IV sem BA	vasantha Bai.
41	Shwetha. N	U18AK22A0035	IV <sup>th</sup> Sem BA	Shwetha. N
42	Rashika. N	U18AK22A0021	IV <sup>th</sup> Sem BA	Rashika. N
43	Shivaranjini. P	U18AK22A0030	IV <sup>th</sup> Sem BA	Shivaranjini.
44	Penuka. J	U18AK23A0034	II <sup>nd</sup> Sem BCA	Penuka. J
45	Devika. S	U18AK23A0008	II <sup>nd</sup> Sem BCA	Devi. S
46	Kallur. P. M	U18AK23A0012	II <sup>nd</sup> Sem BCA	Kallur. P. M.
47	Jahnavi. G	U18AK23S0049	II <sup>nd</sup> Sem BCA	Jahnavi. G
48	Yashashwini. R	U18AK23S0050	II <sup>nd</sup> Sem BCA	Yashashwini. R
49	Chaitanya. M	U18AK23A0001	II <sup>nd</sup> Sem BA	Chaitanya. M.
50	Mahalakshmi. K	U18AK23A0025	II <sup>nd</sup> Sem BA	M. K.
51	Sree Vidya. V	U18AK23A0049	II <sup>nd</sup> Sem BA	S. V.
52	Annapoorna	U18AK23A0033	II sem B.A	Annapoorna
53	RAKSHITHA. K	U18AK23A0036	II sem B.A	RAKSHITHA. K
54	Chandana	U18AK23A0075	II sem B.A	Chandana
55	shravya N	U18AK21S0038	VI sem BCA	shravya N
56	Ruchi. G	U18AK22S0005	IV Sem BCA	Ruchi. G
57	Sushmitha. B. T	U11US21S0303	VI Sem BCA	Sushmitha. B. T
58	Amrutha. S. R	U18AK21S0053	VI Sem BCA	Amrutha. S. R
59	Parvathi. G	U18AK21S0042	VI Sem BCA	Parvathi. G
60	Vasanthi. P. A	U18AK21S0046	VI Sem BCA	V. P. A.
61	Sushma. S	U18AK21S0089	VI sem BCA	Sushma
62	Yasharika. G	U18AK21S0091	VI sem BCA	Yasharika. G
63	Chaitra. G. S	U18AK23A0038	II Sem BA	Chaitra. G. S
64	Shilpa. K	U18AK23A0014	II Sem BA	Shilpa. K
65	Chinmayi. K. C	-	1st PUC	Chinmayi. K. C
66	Varshini	-	1st PUC	Varshini
67	Bhavya. M.	-	1st PUC	Bhavya. M.
68	Harshitha. B. R	-	1st PUC	Harshitha. B. R
69	Nisarga. R	-	1st PUC	Nisarga. R
70				



Narasimharaja Colony, Bangalore -560 019.

Date: 30.05.2024

Sl. No.	Name of the Student	Reg. No.	Course/Sem	Signature
1	Prarthan Pradeep	-	PU-I	Prarthan Pradeep
2	Amrutha .P.S	-	PU-I	Amrutha .P.S
3	Tropthi .S	-	PU-I	Tropthi .S
4	Anvitha .A.Poojary	-	PU-I	Anvitha .A.Poojary
5	K. Bhagyalarani	-	PU-I	K. Bhagyalarani
6	Divika .S	-	PU-I	Divika .S
7	Samana Deshpande	-	PU-I	Samana Deshpande
8	Bhavana Kishore	-	PU-I	Bhavana Kishore
9	SUNITHA .K	-	PU-I	SUNITHA .K
10	Bhuvisei .M	-	PU-I	Bhuvisei .M
11	Inchana .R	-	PU-I	Inchana .R
12	Meghana .R	-	PU-I	Meghana .R
13	Inchana .M	-	PU-I	Inchana .M
14	Manvita .R. Kargan	-	PU-I	Manvita .R. Kargan
15	HARSHITHA .P	-	PU-I	HARSHITHA .P
16	Kavya .P	-	II -PU	Kavya .P
17	Mahalakshmi .S	-	II PU	Mahalakshmi .S
18	Ashwini .V	-	PU-II	Ashwini .V
19	Pooja .R	-	PU-II	Pooja .R
20	Pallavi .A	-	BCA 4 <sup>th</sup> sem	Pallavi .A
21	Tanuja .H	-	BCA 4 <sup>th</sup> sem	Tanuja .H
22	Pranathi .N.B	-	BCA 4 <sup>th</sup> sem	Pranathi .N.B
23	Dhanushree .P.K	-	BCA 4 <sup>th</sup> sem	Dhanushree .P.K
24	mahalakshmi .A	-	II Sem B.A	mahalakshmi .A
25	Keshti Reddy	-	II Sem B.A	Keshti Reddy
26	Vaishali .R	-	II Sem B.A	Vaishali .R
27	Shilpa .M	-	II Sem BA	Shilpa .M
28	Sangeetha .M	-	II Sem BA	Sangeetha .M



[illegible]



Narasimharaja Colony, Bangalore -560 019.

Name of the Programme : ~~Pre-Placement Training~~

[illegible]



# Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

II<sup>nd</sup> PUC

## Students Attendance List

Name of the Programme : Soft Skills & Hygiene Training For Girls Students

Date: 30.05.2024

Sl. No.	Name of the Student	Reg. No.	Course/Sem	Signature
1	Gayathri .B		SEBA	Gayathri.B
2	Keerthana .c		CEBA	Keerthana.c
3	Prathiba .s		GEBA	Prathiba.s
4	Nithya .R		CEBA	Nithya.R
5	Nagarathana .BS		CEBA	Nagarathana .BS
6	Sri Vidya		SEBA	Sri Vidya
7	Nethravathi		GEBA	Nethravathi
8	Likitha .G		GEBA	Likitha .G
9	Likitha .K		HEBA	Likitha .K
10	Prathija .A		SEBA	Prathija .A
11	Pratyanka		SEBA	Pratyanka
12	Ramya .GR		SEBA	Ramya.GR
13	Latha		GEBA	Latha
14	Apoorva		SEBA	Apoorva
15	Tharushree		SEBA	Tharushree
16	Meghana		CEBA	Meghana
17	Suhani		CEBA	Suhani
18	Lavanya		SEBA	Lavanya
19	Ashwini .Venu		CEBA	Ashwini .V
20	Dharani		HEBA	Dharani
21	Vinutha		SEBA	Vinutha
22	Sushmitha		CEBA	Sushmitha
23	Shravanthi		GEBA	Shravanthi
24	Pallavi .M		GEBA	Pallavi .M
25	Sinchana .B		CEBA	Sinchana .B
26	Sinchana .BA		HEBA	Sinchana .A
27	Chandana .K		CEBA	Chandana .K
28	Manasa .LS		SEBA	Manasa .LS
29	Rakshit .M		SEBA	Rakshit .M
30	Anurutha .P		HEBA	Anurutha .P
31	Jharvi .BP		CEBA	Jharvi .BP
32	Aishwarya .S		HEBA	Aishwarya .S
33	Aishwarya .A		SEBA	Aishwarya .A
3				





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**APS College of Arts and Science**

**N.R. Colony, Bengaluru -560019.**

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Cordially Invites You to

**NCC, NSS & YRC Celebrates**  
**International Yoga Day**

In Association with  
**7 Karnataka BN NCC**  
“Yoga for Self & Society”

On Friday, 21st June 2024, Time: 9.00 am

Venue : New Seminar Hall

Chief Guest

**Lt Col D. P. Nanda**  
CO 7 Karnataka BN NCC

**Maj Keerthiraghuvaram. G**  
Adm Officer, 7 Karnataka BN NCC

Presided by

**Prof. B. Jayashree**  
Principal

**Prof. Sunil Kumar. K**  
YRC Programming Officer

**Staff & Students**

**Prof. Hareesha M.C**  
NSS Programming Officer

**Ms. Vishalakshi M.N**  
NCC Caretaker Officer

**All Are Invited**

*Signature* 22/6/24  
**PRINCIPAL**

APS College of Arts & Science  
N.R. Colony, Bangalore-560 019





**Acharya Pathasala College of Arts & Science**  
**Narasimharaja Colony, Bangalore -560 019.**  
**6/6 Company, 7 Karnataka Battalion NCC**  
**Bengaluru B Group, Karnataka & Goa Directorate**

Date:21/06/2024

**Report on International Yoga Day**

S.No	NAME OF UNIT	NAME OF THE INSTITUTION	NO. OF CADETS PARTICIPATED AT EACH LOCATION	REMARK
01.	7 KARNATAKA BN	APS COLLEGE OF ARTS AND SCIENCE	63	GOVT AIDED

Report on International Yoga Day 2024 at APS College of Arts and Science NCC, 6/6 Company

**Date:** June 21, 2024

**Venue:** APS College of Arts and Science, N.R Colony. Bengaluru-19.

**Organizers:** NCC 6/6 Company in association with 7th Karnataka Battalion

**Theme:** "Yoga for Self and Society"

The International Yoga Day 2024 was celebrated with great enthusiasm at APS College of Arts and Science, organized by the NCC 6/6 Company in collaboration with the 7th Karnataka Battalion. The theme of the program, "Yoga for Self and Society,"

The event was honoured by the presence of esteemed dignitaries including the Chief Guest, Lt. Col. D P Nanda, CO of the 7th Karnataka Battalion. Also gracing the occasion were the Administrative Officer Maj Keerthiraguvaran.G of the 7th Karnataka Battalion, and distinguished guests such as CA Dr. Vishnubharath, President of APS Education Trust, and the Principal of APS College of Arts and Science.

  
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**N.R. Colony, Bangalore-560 019**



The highlight of the event was the participation of 63 cadets from APS College of Arts and Science, who actively engaged in various yoga sessions conducted as part of the celebration. The cadets demonstrated their commitment to physical fitness and mental well-being through yoga practices that included asanas, pranayama, and meditation.

The yoga sessions were structured to not only promote physical health but also to instill values of discipline, focus, and inner peace among the participants. The emphasis on 'Yoga for Self and Society' underscored the broader societal benefits of yoga in fostering a healthier and more harmonious community.

Following the yoga sessions, a brief ceremony was held where Lt. Col. D P Nanda addressed the participants, commending their dedication and highlighting the importance of yoga in the lives of youth.

The program concluded with a refreshment session where all participants, including cadets and guests, had the opportunity to interact and reflect on the significance of yoga in contemporary times.

In summary, the International Yoga Day 2024 celebration at APS College of Arts and Science, organized by NCC 6/6 Company in association with 7th Karnataka Battalion, was a resounding success. It brought together the principles of physical fitness, mental well-being, and societal harmony through the practice of yoga, leaving a lasting impact on all participants.

Prepared by: Vishalakshi Malathesha Naykar

CTO, 6/6 Coy, 7 KAR Bn, NCC.

  
22/6/24  
**PRINCIPAL**  
**APS College of Arts & Science**  
**N.R. Colony, Bangalore-560 019,**





Google

Bengaluru, Karnataka, India

4, Bull Temple Rd, Basavanagudi, Bengaluru, Karnataka 560019, India

Lat 12.940112°

Long 77.567132°

21/06/24 09:47 AM GMT +05:30

GPS Map Camera

*Seefa 22/6/24*

**PRINCIPAL**

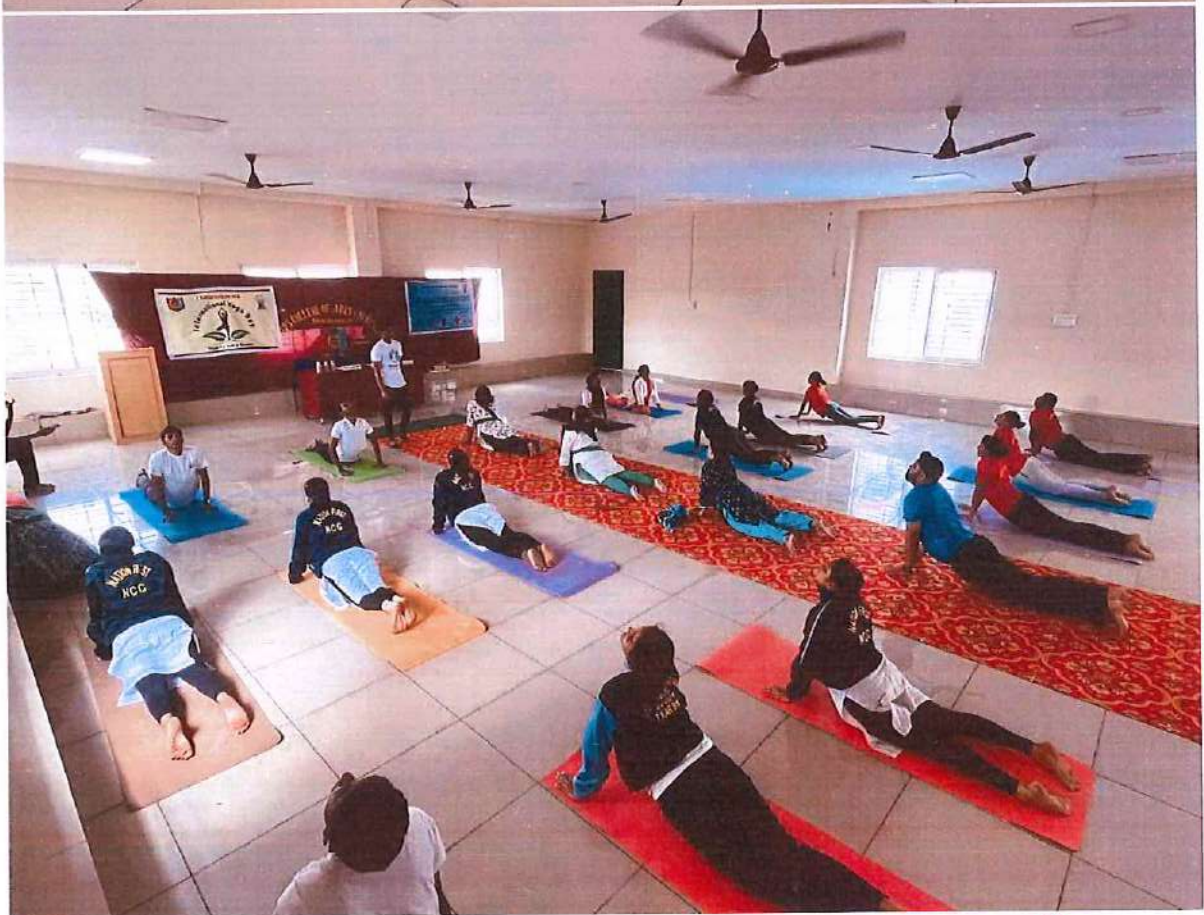
**APS College of Arts & Science**  
N.R. Colony, Bangalore-560 018.





*Seen 22/6/24*  
**PRINCIPAL**  
 APS College of Arts & Science  
 N.R. Colony, Bangalore-560 019

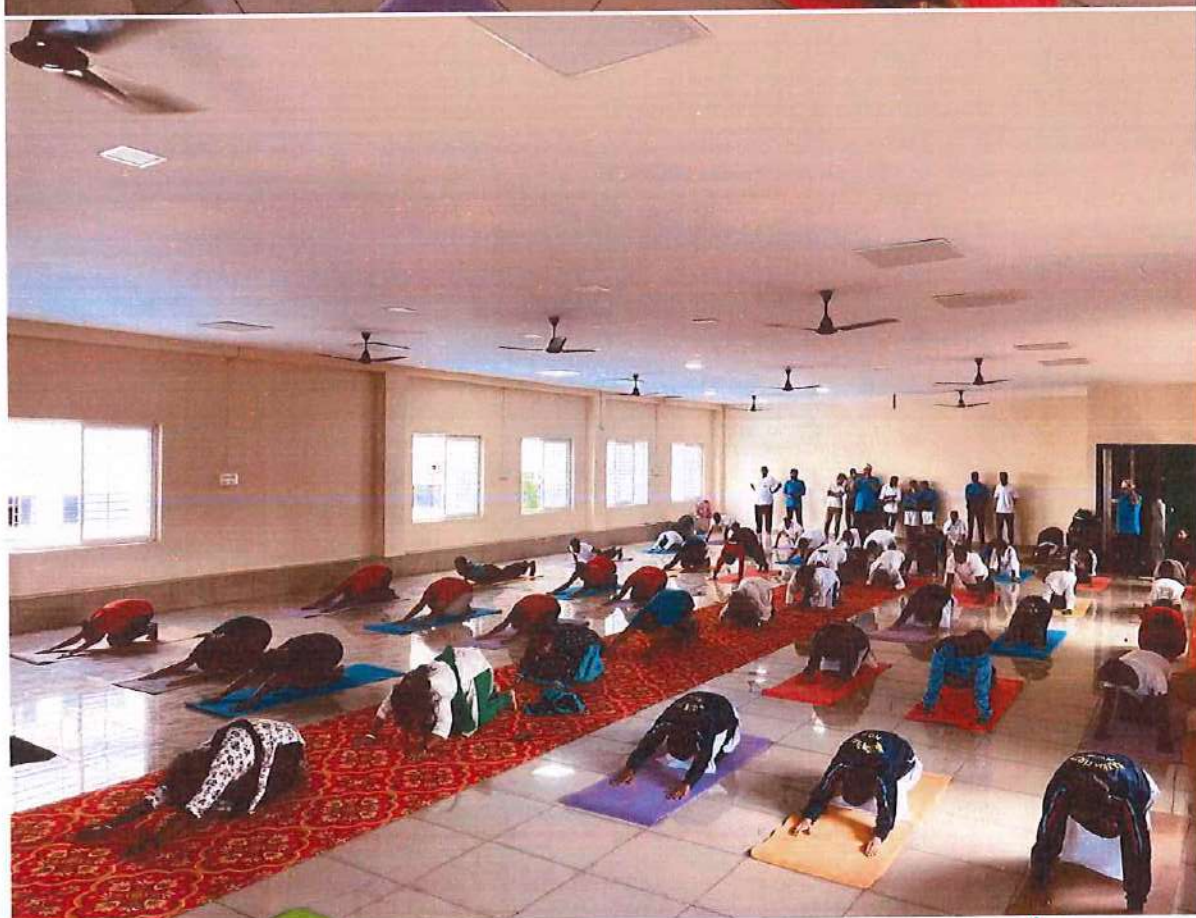
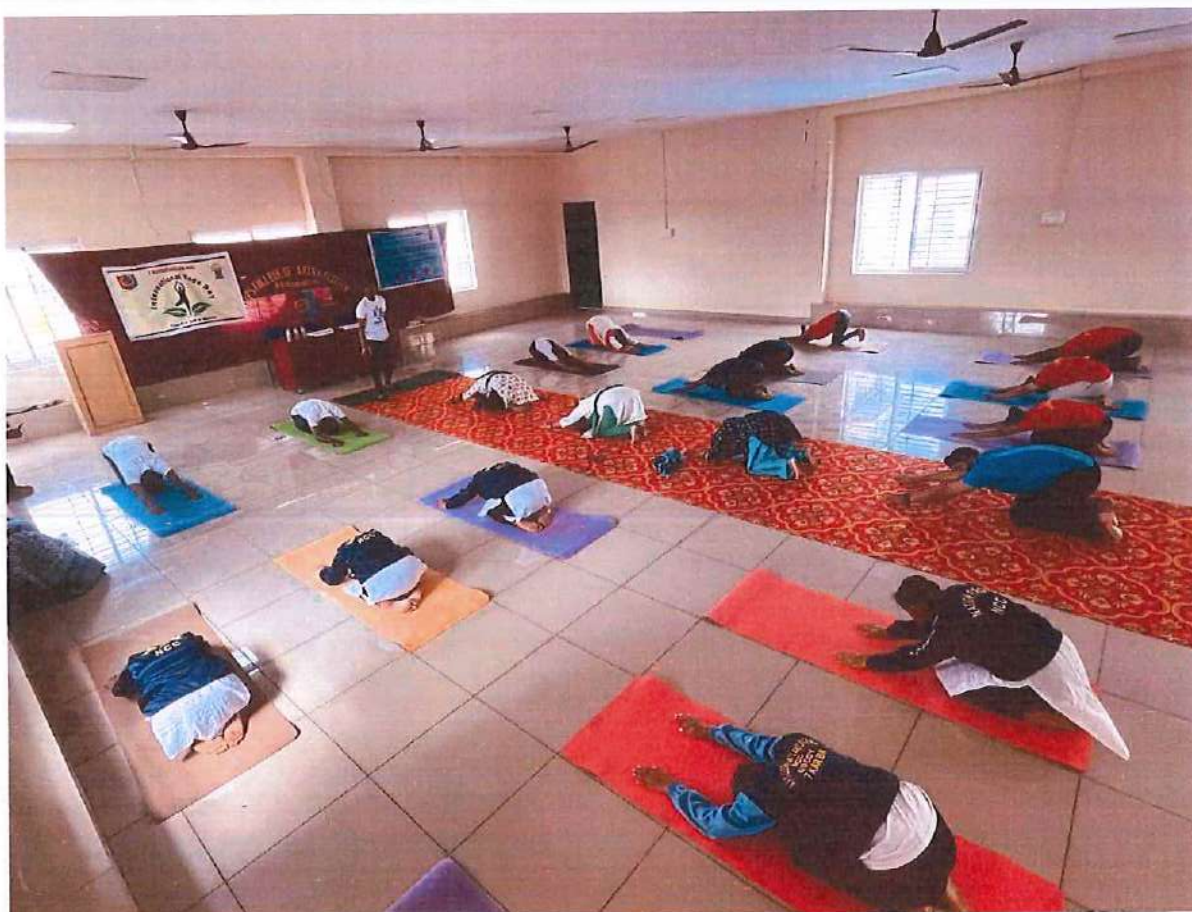




*Seetha* 28/6/24  
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 N.R. Colony, Bangalore-560 019





*Deepa*  
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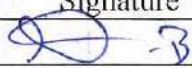
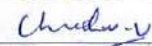
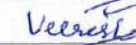
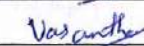
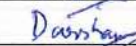
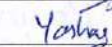
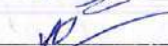

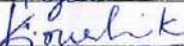
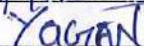
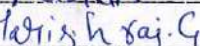
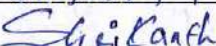
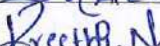
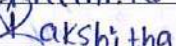
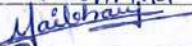
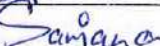
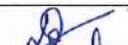


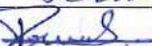

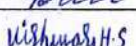
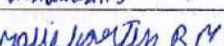
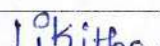
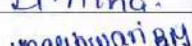

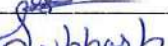
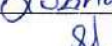

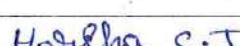
# Acharya Pathasala College of Arts & Science

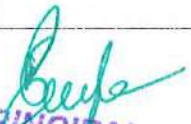
Narasimharaja Colony, Bangalore -560 019.

## Students Attendance List

Name of the Programme : International Yoga Day

Date: 21.06.2024

Sl. No.	Name of the Student	Reg. No.	Course/Sem	Signature
01	Harshith.B		I <sup>st</sup> Sem B.A	
02	Chander. v		I <sup>st</sup> Year BCA	
03	Veeresh.		I <sup>st</sup> sem BCA	
04	Vasanth		I <sup>st</sup> sem BCA	
05	Darshan		I <sup>st</sup> sem BCA	
06	Yashas		I <sup>st</sup> sem BCA	
07	Nethan		I <sup>st</sup> Sem BA	
08	Tejas		I <sup>st</sup> Sem BA	
09	Koushik		I <sup>st</sup> Year	
10	Yagan		I <sup>st</sup> Year	
11	Harish		I <sup>st</sup> Year	
12	Shri Kanth		I <sup>st</sup> Year	
13	Preethi		I <sup>st</sup> Year	
14	Rakshit		I <sup>st</sup> Year	
15	Vaibavi pradhan		I <sup>st</sup> Year	
16	Sanjana			
17	Apparva			
18	Lalith		I <sup>nd</sup> PUC	
19	Vikrant		I <sup>nd</sup> PUC	
20	Srinivas			
21	Darshan		I <sup>nd</sup> PU	
22	Pragwal T.R.		I <sup>nd</sup> PUC	
23	Karthik		I <sup>nd</sup> PUC	
24	Vishwas.H.S		I <sup>nd</sup> PUC	
25	Malikarjun R.M		I <sup>nd</sup> PUC	
26	Ragunandan		I <sup>nd</sup> PUC	
27	Likitha		I <sup>nd</sup> PUC	
28	Yogeshwari		I <sup>nd</sup> PUC	
29	Shrividhya		I <sup>nd</sup> PUC	
30	Subhash Krishnakumar		I <sup>nd</sup> PUC	
31	Shashank		I <sup>nd</sup> PUC	
32	Yogananda B.S		I <sup>nd</sup> PUC	
33	Pradeep		I <sup>nd</sup> PUC	
34	Harsha		I <sup>nd</sup> PUC	
35	Kavya Jain		BCA	

  
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Narasimharaja Colony, Bangalore -560 019.

Name of the Programme : International Yoga Day

Date: 21.06.2024

APS College of Arts & Science  
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# Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

Website: [apscollegeofartsandscience.com](http://apscollegeofartsandscience.com)

Email: [apscollegeofartsscience@gmail.com](mailto:apscollegeofartsscience@gmail.com)

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## Report on Ratha Saphthami 2023-24

The NSS and YRC units actively conduct a series of events and activities throughout the academic year 2023-24, to promote social awareness, cultural values, and community engagement.

On 16th February 2024, Department of Physical Education, YRC and NSS organized a special yoga session on the occasion of Ratha Saphthami. The event was conducted by our old student and yoga trainer Mr. Yellappa.

The event featured an introduction to various asanas and 108 Surya Namaskaras, to emphasise physical fitness and traditional wellness practices among students.

### Objective:

- To introduce traditional practices that ensures physical and mental well-being.
- To expose our students to ancient culture, indigenous systems of knowledge.

### Outcomes:

- The participants were able to perform 108 Surya namaskaras successfully as vindication of cultural heritage.
- Participants experienced the health benefits of yoga, motivating them for the regular practice of yoga in their daily lives for better fitness and well-being.
- The event offered participants an opportunity to connect with traditional Indian practices, deepening their cultural and spiritual awareness.



*Beepa*  
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## ACHARYA PATHASALA COLLEGE OF ARTS AND SCIENCE

N.R. COLONY BENGALURU 560019

Website: [apscollegeofartsandscience.com](http://apscollegeofartsandscience.com) Email: [apscollegeofartsscience@gmail.com](mailto:apscollegeofartsscience@gmail.com) Telephone: 080-26603192

AFFILIATED TO BENGALURU CITY UNIVERSITY NAAC ACCREDITED – B+ GRADE

### ANNUAL REPORT ON COUNSELLING SESSION GIVEN FROM SUMANA COUNSELLING CENTRE FOR THE ACADEMIC YEAR 2023-24.

Department of Psychology runs **Sumana Counselling Center** which was established in the year **1995**.

**Objective:** To transform individuals into ethical personalities excelling in psychological temper.

**Mission:** To achieve excellence in preparing every student to be psychologically equipped to:

- ✦ Understand him/herself, and others
  - ✦ Reach his/her full potential
  - ✦ Become emotionally mature
  - ✦ Respect individual differences
  - ✦ Develop unconditional positive regard,
- Which would in turn make the world a better place to live in.

**Goals:** To facilitate:

- ✦ Self-discovery
- ✦ Ability to face needs and challenges
- ✦ Develops skills and competencies needed to face the competitive world.

**The services offered:**

1. Personal counselling
2. Special education
3. Vocational counselling
4. Adjustmental problems
  - Academics
  - Emotional
  - Achievement
  - Learning
  - Memory techniques and so on.

The committee members for the academic year ~~2023-24~~ are as follows:

Harshitha S: Convenor

Chandrakala V: Member

Vasanti K: Member



The students are required to take prior appointments for the counselling session. The time and date or schedule for the same during working days.

This academic year 7 students of our college have taken the counselling. Around 18 sessions were done effectively (including follow-ups sessions).

The students who took counselling had issues related to emotional adjustment, time management, anger management, career guidance for further studies, fear, stress and so on.

The problems were discussed and students were guided to find solutions. The feedback work taken at the end of the session by the counselee.

The feedback responses are positive and appreciated by the counselee and expressed their gratitude.

**Outcomes:**

1. Gradual improvements in personal life.
2. Improved relationship with family members and with friends.
3. Counselees are able to manage their emotions towards self and others.
4. Able to face the problems without any fear
5. To build self-confidence.



CONVENER



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on details  
7-9-2023

## MINUTES OF MEETING. 2023-24

A meeting was Convened on 7/9/2023 (Tuesday) in the Principal Chamber at 3 pm.

### AGENDA :-

- 1) To organize special talk/workshop to help students to overcome various academic related Psychological issues.
- 2) To inform newly admitted students about the Consultation procedure.

### MEMBERS PRESENT :-

- |                                |                  |
|--------------------------------|------------------|
| 1) Dr. B. Jayashree, PRINCIPAL | <i>Beyle</i>     |
| 2) Vasanthi. K, Member         | <i>Vanitha</i>   |
| 3) Harshitha. S, Convenor      | <i>Harshitha</i> |
| 4) Chandrakala. V, Member      | <i>CV</i>        |

### HIGHLIGHTS OF DELIBERATION :-

- 1) The agenda are presented by the Convenor
- 2) Discussion was carried out and decision was made to invite expert Counsellor to address students regarding academic issues.
- 3) To visit every classroom and to brief about the procedures to be followed to seek Counselling





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## Best Practice-2

1. **Title of the Practice:** Technology enabled learning methodology for students and faculty.

2. **The Objective:**

- To expose students and faculty to advanced learning tools
- Empower them to adopt technical skills and tools for their effective learning.

3. **The Context:** Majority of the students are first generation learners lacking in exposure to advanced technological tools. As the world is increasingly technology driven, students and faculty require skills and knowledge in use of electronic gadgets for their improved learning.

4. **The Practice:** To enhance faculty with advanced technological skills in teaching and office management, One week FDP for faculty was organized on "Trends in AI and ML". Additionally the students from BA, BSc and BCA were offered with add on courses to support their development. Recognising the need for advanced technical skills in MA Economics, students received training to improve their data analytical tools and office management tools which helped in the preparation of dissertation work to produce high quality outputs.

The following courses/programs are conducted as a part of Technology enabled learning methodology for students and faculty.

- One week FDP for faculty
- 60 hrs add on course for girl students.
- Online 30 hrs course on data analytical tools for BCA students.
- One day seminar for MA students.

5. **Evidence of Success:**

Students are now adept at using such advanced tools as Excel, powerbi, ChatGPT, beautiful.ai, Perplexity.ai. They are using the above tools effectively in their PPTs, research papers and projects.

6. **Problems encountered and resource required:** Good number of students comes from regional medium. This acts as a deterrent in their proper learning. The college faced challenges in implementing technology enhanced learning to the faculty and students due to budget constraints.

7. **Note:** We have implemented the technology integration initiative as the best practice in our college aiming to enhance student learning outcomes and faculty teaching effectiveness through strategic technologic adoption. It is recommended that all the institutions to invest and expand its technological initiatives to enhance teaching learning and student outcomes.

  
Principal  
APS College of Arts & Science  
N.R. Colony, Bangalore-560 019.





# AcharyaPathasala College of Arts & Science

## Narasimharaja Colony, Bangalore –560 019.

### Report on FDP 2024

Faculty development programs play a crucial role in enhancing the teaching effectiveness and professional growth of educators.

APS College of Arts and Science organized an IQAC initiated One Week FDP on the topic – “Trends in AI and ML” from 18<sup>th</sup> March to 23<sup>rd</sup> March 2024 for both teaching and non-teaching staff of the college.

The topics are chosen keeping in mind the current requirements of meeting the demands of present day higher education, especially post introduction of NEP 2020. Exploring AI applications in designing content delivery and personalized learning can streamline their tasks allowing lecturers to focus more on impactful aspects of teaching and office management.

This One Week FDP aimed to provide faculty members with tools, strategies and knowledge to excel in their roles.

**Venue:** New Seminar Hall

**No. Of Participants:** 32 registered participants.

#### **OBJECTIVES:**

1. Explore the Integration of AI & ML tools in various academic disciplines.
2. Equip faculty with theory, practical skills & knowledge in AI & ML also enhancing their ability to teach & incorporate it into their courses.
3. To Foster collaboration and knowledge sharing among faculty members.
4. To inculcate dynamism in learning and deliverance.
5. Documentation and data analysis.

**On 18-03-2024:**

**Session 1- “AI in Different Professions”**

**Time: 9.30 am-12.30 pm**

The FDP program was inaugurated by Honorable President, APSET – CA Dr. Vishnu Bharath A S. Sri. P Naveen Kumar, Institutional member of APSET who was the keynote speaker gave his deep insights on AI and enlightened all the participants about the advantages of this FDP and how it helps in the development of individual's career.

  
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Prof. B. Jayashree, Principal, APSAS gave the introductory note in which she emphasized why this FDP is required and how the topics were chosen keeping in mind the recent developing trends in AI and ML. She urged all the faculty members to participate enthusiastically in all the sessions and to make use of this FDP to the maximum.

In the morning technical session, resource person Sri. Balu Masti, Entrepreneur and Startup enabler explained on the topic-**"AI in Different Professions"** by giving many examples and incidents where AI has applications in different fields such as medical, industrial, security and education. It provided valuable insights into the evolving landscape of AI & its implications for diverse fields.

**On 18-03-2024:**

**Session 2- "MS-Excel & its functions"**

**Time: 2 pm-5 pm**

Afternoon practical session was conducted by Smt. Satyashree, HOD of Computer Science and Sri. Manjunath C., Asst. Prof. of Computer Science on the topic-**"MS-Excel & its functions"**. Participants learned many excel tips and tricks which eventually helps them in their data analysis.

**On 19-03-2024:**

**Session 3- "Basic HTML Tags"**

**Time: 9.30 am-12.30 pm**

Morning practical session on **"Basic HTML Tags"** was conducted by Smt. Satyashree. Creation of web page and designing was introduced to all the participants of the FDP. Faculty members creatively created their own web page and designed according to their thoughts and requirements.

**On 19-03-2024:**

**Session 4- "Advances on Hardware and Software that enabled AI"**

**Time: 2 pm-5 pm**

Afternoon technical session was conducted by Sri. Balu Masti sir on the topic – **"Advances on Hardware and Software that enabled AI"** where he ignited the curiosity of participants with his in-depth explanation on various concepts including Neural Networks, conversational AI, data training and so on. He explained how these innovations are impacting our daily lives.



**On 20-03-2024:**

**Session 5- “Power BI to build dash boards ”**

**Time: 9.30 am-12.30 pm**

Practical session was conducted by Smt. Satyashree and Sri. Manjunath. C at the Department of Computer Science on –“**Power BI to build dash boards**”. Participants enthusiastically created their own dash boards with different types of graphs, design and colors with the real data set given to them.

**On 20-03-2024:**

**Session 6- “Generative AI and LLMs”**

**Time: 2 pm-5 pm**

Sri. Balu Masti in his interactive technical session in the afternoon on the topic-“**Generative AI and LLMs**” gave a perceptive lecture and hands-on experience on Generative AI & Large Language Model's (LLM's). He taught us to use different applications that use AI tools to create/generate invitations, certificates etc. He helped us to generate PPT's and graphics using multiple applications. Participants gained a deeper understanding of the transformative potential of Generative AI in content creation, content translation and language learning. ChatGPT, Gamma, Purplexity, Canva and many such tools were introduced and given hands on training. Overall, it was a very productive session.

**On 21-03-2024:**

**Session 7- “Social Media Applications”**

**Time: 9.30 am-12.30 pm**

Practical session in the morning was conducted by Smt. Satyashree and Mrs. Seema Sarvath at Computer Science laboratory on the topic- “**Social Media Applications**”. They taught about the usage and uses of different types of social media applications like LinkedIn, Twitter, WhatsApp , Facebook , Apna, Jobseek etc along with the safety measures to be kept in mind while using them.

**On 21-03-2024:**

**Session 8- “Introduction to Data Analysis using Excel”**

**Time: 2 pm-5 pm**

Sri. P. G. Bhat, Technical Officer (Retired), Indian Navy and Director at P3 Solutions was the resource person for the technical session in afternoon. In his session on the topic- “**Introduction to Data Analysis using Excel**” he gave a detailed coverage on the analysis techniques used in Excel for a real set of Data. He explained about data pre-processing and

statistical analysis by taking practical examples. He helped us to learn visualization and analysis of the data which is required to analyze the academic performance of students.

**On 22-03-2024:**

**Session 9- "Google Meet and Google Form Creation"**

**Time: 9.30 am-12.30 pm**

Morning practical session on the topic – "Google Meet and Google Form Creation" was conducted by Smt. Satyashree and Smt. Divya at Computer Science laboratory. The participants were taught how to schedule & conduct Google meet and also how to create a Google form in order to obtain feedback/opinions to collect data and responses.

**On 22-03-2024:**

**Session 10- "Data Analysis Case Studies Using Excel"**

**Time: 2 pm-5 pm**

In the afternoon technical session on the topic-"Data Analysis Case Studies Using Excel" Sri. P. G. Bhat sir emphasized more on data analysis and reporting in visual forms which will help the participants hugely and make their work simpler. He collected real data set from the participants and explained the analyzing pattern using the same data which highly impressed the participants. He empowered the participants with advanced technological and valuable skills for their benefit which in turn helps the students.

**On 23-03-2024:**

**Session 11- "AI for Viksit Bharath @2047".**

**Time: 9.30 am-12.30 pm**

Technical session was conducted by the resource person – Prof. Uday Raghunath Birje, Co-Founder and Director Think Street Technologies on the topic – "AI for Viksit Bharath @2047".

He shared his enriching experience on evolution of AI in India & how AI is transforming and advancing India towards progress and development. He urged the faculty to empower themselves with recent innovations in the field of AI. His ideologies broadened the views of the participants on AI and helped to clear the doubts in their minds.



Valedictory Session was organized in the afternoon and Prof. B. Jayashree, Principal, APSAS gave concluding remarks, in which she thanked President and General Secretary, APSET for their constant encouragement and support in all our endeavors. She explained how this FDP will help the faculty to prepare content writing, use it in teaching, result analysis, feedback analysis and to maintain database of students and staff. She gave a detailed report on how this FDP will empower our faculty with latest trends in AI and ML and in order to achieve higher levels of quality teaching-learning; research-innovation; enhancing employability skills, commitment to sustainability which in turn benefits to the students at large.

Participation certificates were distributed by the President and other trust members. An executive lunch was arranged to all the participants. There were 32 registered participants who benefitted from this educative one week Faculty Development Program.

#### **OUTCOMES:**

1. Participants have acquired a comprehensive understanding of AI and ML concepts, tools and algorithms.
2. They have developed practical skills in data analysis, modeling and implementation of AI/ML solutions.
3. FDP has empowered the faculty to integrate AI/ML techniques into their curriculum, promoting innovation and preparing students for the demands of the future workforce.
4. FDP has helped the faculty to broaden their views on AI/ML which in turn helps them to transfer their knowledge to their students' community.

Overall it was a remarkable FDP and positive feedback was obtained.

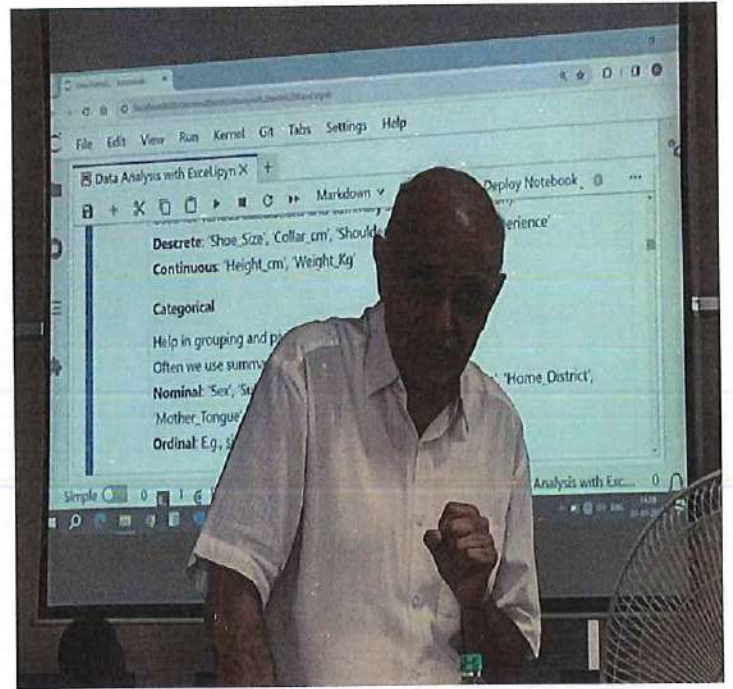
  
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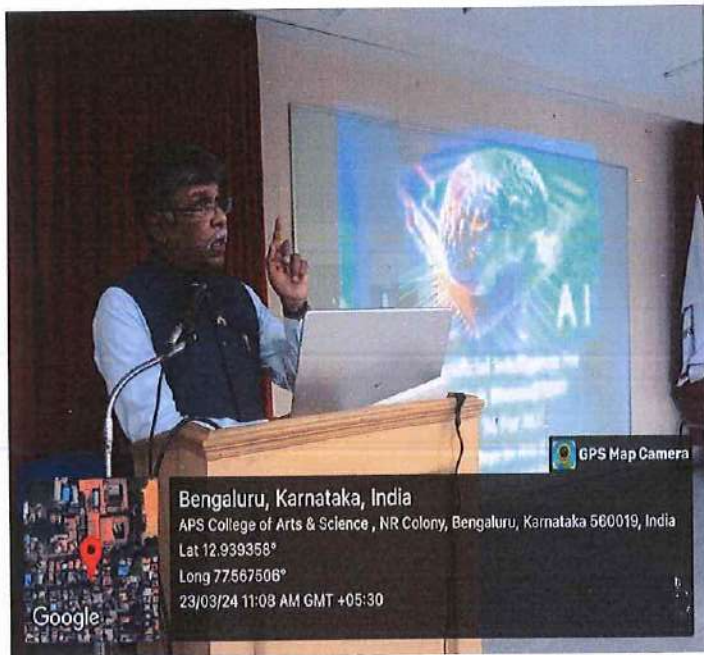
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N.R. Colony, Bangalore-560 019,





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# TRENDS IN One Week Faculty Development

# AI And ML Programme

18-3-2024 to 23-03-2024.

Date: 18-3-2024

Day: 1

Resource Person:

Sri. Balu Masti

Time [11:45 to 1:30 PM]

Sl. No	Faculty Name	Department	Signature	Sl. No	Faculty Name	Department	Signature
1	Prof. B. Jayashree	PRINCIPAL	[Signature]	29	Kantharaj. H.	History	[Signature]
2	Satyashree	Computer Science	[Signature]	30	JAGA DEESHA. B. S	Computer Science	[Signature]
3	Vasanti K	Sociology	[Signature]	31	H. K. Ragesh	Suptd.	[Signature]
4	Divya. N	Computer Science	[Signature]	32	Anupama. N. M	English	[Signature]
5	Vidya. S. G.	Chemistry	[Signature]	33	Dr. Venkatesh Chaitanya	Kannada	[Signature]
6	Seema Sarvath	Computer Science	[Signature]	34	G. S. S. S.	Officer	[Signature]
7	Prathibha. A.	Computer Science	[Signature]	35	Padmavathi	Officer	[Signature]
8	Kamala Praneesh	Music	[Signature]	36			
9	Geetha Praneesh	Sanskritam	[Signature]				
10	CHANDRAKALA. V	Psychology	[Signature]				
11	Sumya	Economics	[Signature]				
12	Vishalakshi Naykar	Economics	[Signature]				
13	Harshitha. S	Psychology	[Signature]				
14	Asha. Y. M	Mathematics	[Signature]				
15	CHANDRANOUKESHWARA. M	Economics	[Signature]				
16	Shruthi. S. M	Accounts	[Signature]				
17	Vandana Lakshmi. G	Library	[Signature]				
18	Gayathri. S.	English	[Signature]				
19	Sunil. M. S.	English	[Signature]				
20	Keerthi. S.	Education	[Signature]				
21	Gudhayanaham K. J	Botany	[Signature]				
22	Ravi. N. M	Political Science	[Signature]				
23	Shairam. P.	Office	[Signature]				
24	Gunashakar. J	Physics	[Signature]				
25	Harektha. M. C	Kannada	[Signature]				
26	Sunil Kumar. K	Mathematics	[Signature]				
27	Manjunath. C	Computer Science	[Signature]				
28	Shobha. S.	Hindi	[Signature]				

Keynote Speaker  
Sri Naveen Kumar

Resource Person  
Mr Balu Masti

Invited Guests  
Shashikanth V.  
Pabbarthi  
98451 95925

[Signature] 18/3/24

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N.R. Colony, Bengaluru -560019.

Affiliated to Bengaluru City University, NAAC Reaccredited B+ Grade

## PARTICIPATION CERTIFICATE

This is to certify that Prof /Dr /Smt / Sri /..... of..... Department  
✓  
..... of *Physics*.....

..... has attended TRENDS IN AI & ML - One Week Faculty Development Programme  
organized by IQAC, held at APS College of Arts & Science from 18.03.2024 to 23.03.2024

*Vasanti K*

Smt. Vasanti. K  
IQAC Coordinator  
HOD. of Sociology

*B. Jayashree*

Prof. B. Jayashree  
Principal

*Prakash*

Prof. A. Prakash  
General Secretary, APSET

*Deepa*  
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## PARTICIPATION CERTIFICATE

This is to certify that Prof /Dr /Smt / Sri /.....*Satyashree*.....of.....*Department*.....

.....*of Computer Science*..... has attended TRENDS IN AI & ML - One Week Faculty Development Programme

organized by IQAC, held at APS College of Arts & Science from 18.03.2024 to 23.03.2024

*Vasanti K*

Smt. Vasanti. K  
IQAC Coordinator  
HOD. of Sociology

*Satyashree*

Prof. B. Jayashree  
Principal

*Satyashree*

Principal,  
APS College of Arts & Sciences  
N.R. Colony, Bangalore-560 019.

*Prakash*

Prof. A. Prakash  
General Secretary, APSET





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This is to certify that Prof /Dr /Smt / Sri /..... *Swail Kumar K.* ..... of *Department*

*of Mathematics*..... has attended TRENDS IN AI & ML - One Week Faculty Development Programme

organized by IQAC, held at APS College of Arts & Science from 18.03.2024 to 23.03.2024

*Vasanti K*

Smt. Vasanti. K  
IQAC Coordinator  
HOD. of Sociology

*Swail*

Prof. B. Jayashree  
Principal

*Prof*

Prof. A. Prakash  
General Secretary, APSET

*Swail*  
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This is to certify that Prof /Dr /Smt / Sri / ✓ Chandramouleshwarappa Mof Department

of P.G. Economics..... has attended TRENDS IN AI & ML - One Week Faculty Development Programme

organized by IQAC, held at APS College of Arts & Science from 18.03.2024 to 23.03.2024

Vasanti K

Smt. Vasanti. K  
IQAC Coordinator  
HOD. of Sociology

Bupe

Prof. B. Jayashree  
Principal

Pr.

Prof. A. Prakash  
General Secretary, APSET

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## PARTICIPATION CERTIFICATE

This is to certify that Prof /Dr /Smt / Sri /..... *Kantharaj H* ..... of *Department*

*of History* ..... has attended TRENDS IN AI & ML - One Week Faculty Development Programme

organized by IQAC, held at APS College of Arts & Science from 18.03.2024 to 23.03.2024

*Vasanti K*

Smt. Vasanti. K  
IQAC Coordinator  
HOD. of Sociology

*Beek*

Prof. B. Jayashree  
Principal

*Prakash*

Prof. A. Prakash  
General Secretary, APSET

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# **Acharya Pathasala College of Arts & Science**

## **Narasimharaja Colony, Bangalore –560 019.**

### **Report on Add On Certificate Course 2023-24**

**Venue:** Theory: Abalashrama, Basavanagudi

**Practicals:** College Computer Lab

**No of Participants:** 23 students

#### **OBJECTIVES:**

- To educate and provide hands on experience about Information and Technology to the first generation students.
- To provide opportunity for the meritorious girl students to enhance their technical skills.

An IQAC initiative Add on Certificate course was organized for the newly enrolled Girl students of I semester B.A, B. Sc and BCA (2024-25 batch). The college in association with Abalashrama, Basavanagudi, Bangalore conducted 60 hours certificate course. The theory classes were conducted by the Resource person Smt. Shashikala, faculty from Abalashrama while the practical classes were conducted by the faculty, Department of Computer science. The course was inaugurated by the Principal Dr. B. Jayashree on 16<sup>th</sup> June 2024. The classes commenced from 17<sup>th</sup> of June 2024.

The course included the topics which are widely and commonly required for the academic excellence in order to have an introduction about the curriculum, set by BCU. A pre-syllabus was set and lesson plan was prepared on “Office Management Course” and “Basic Webpage Designing”. A timetable was prepared to give more clarity and systematic approach to the course.

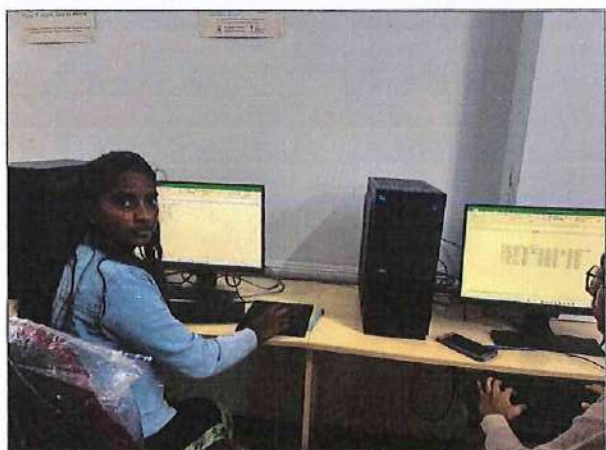
Each day specific topics were taught and the practical sessions were conducted according to the timetable for effective learning and understanding.

Certificates were distributed after the successful completion of the course.



## OUTCOMES:

- The course provided an opportunity to the underprivileged girl students to gain knowledge in Information and Computers.
- The Course Certificates is value addition to their educational enrichment.



*Bele*  
APs College, N.R. Colony, Bangalore-560 019, PRINCIPAL





# Acharya Pathasala College of Arts & Science

## Narasimharaja Colony, Bangalore -560 019.

Website: [apscollegeofartsandscience.com](http://apscollegeofartsandscience.com) Email: [apscollegeofartsscience@gmail.com](mailto:apscollegeofartsscience@gmail.com)

APSA&S NO./123A/2023-2024

DATE:12-06-2024

### CIRCULAR

TO:

Newly Enrolled Girl Students of 1 semester B.A., B.SC and BCA (2024-2025 BATCHES)

We are pleased to announce that A.P.S. College of Arts and Science, In Association With Abalashrama, Basavangudi, Bangalore-560004, is offering a Certificate Course in “ Office Management & Webpage Designing” as an add-on program to enhance your skills and knowledge.

This 60-hour computer training program is designed to provide you with hands-on experience in office management software and tools. Upon successful completion of the program, you will be awarded a certificate.

This program commences on June 17<sup>th</sup>, 2024. We encourage All eligible students to avail this opportunity to enhance their knowledge and skills.

For further details contact Mrs. Satyashree, HOD, Dept of computer science

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In association with Abalashrama, Basavanagudi, Bangalore-04

### Syllabus for "OFFICE MANAGEMENT AND WEBPAGE DESIGNING" JUNE-2024"

PROGRAMS	THEORY	PRACTICAL	DAYS	MON THS
	Introduction of students and the organizations rules & regulations			
English Typing	Explanation of Computer Fundamentals	Practice	05	
Kannada Nudi Typing	Opening Nudi window and understanding letters	Practice	05	
MS paint	Demo	Practice	01	
WordPad	Demo	Practice	01	
Notepad	Demo	Practice	01	
HTML Coding	Coding-projects, using tables, borders, Html images, Html Video and Audio	Practice	04	
MS Office	Explanation of MS Office- Word Package, Purpose, extension and Home menu	Practice	01	
Ms Word	Explanation of different Tabs like Insert, Design, Layout, View menu, Demo for paper advertises	Practice	02	01
	Explanation of different Tabs like page Layout, margins, size column, page color, border setup, Orientation, watermark etc	Practice	03	
	Preparation to Calendar, Application for using tables	Practice	03	
	Preparation of CV	Practice of CV	01	
	Mail Merge	Practice	01	
MS Excel	Basic Calculations	Practice	01	
	Creation of Marks list, Result sheet, Filter, Validation, Sort	Practice	03	
	Create Invoice, Quotation (Marketing File)	Practice	03	
	Creation of Salary sheet, Salary slip (Employee file)	Practice	03	
	Text Functions, Subtotal, PMT	Practice	02	01
	Chart – All types of Charts	Practice	01	
	Pivot Table, Pivot Chart	Practice	01	
	V-Lookup, H- Lookup	Practice	02	
MS Power Point	Basic presentation, presentation of Project (English & Kannada)	Practice	02	
MS Access	Collection of Data- Creating Student Details, Employee Details, Faculty Details, Product Details, Event Details	Practice	03	
MS Publisher	Create Label, Invitation card, Brochure, Flyer, Calendar, Menu card, Business card, etc	Practice	03	
Internet	Creating Email Id, sign in & sign out sending mail, forwarding and attaching files	Practice	02	
Revision			02 (02 Hours/Day)	01
Exam		Exam	02	
		Total	60 Hours	03

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**Acharya Pathasala College of Arts & Science**  
**Narasimharaja Colony, Bangalore –560 019**

Time table for Add On Course “Office Management & Webpage Designing”

Days	Timing	
	Theory Classes	Practical Classes
Monday	10.30-11.30	12.30-2.00
Tuesday	10.30-11.30	12.30-2.00
Wednesday	10.30-11.30	12.30-2.00
Thursday	10.30-11.30	12.30-2.00
Friday	10.30-11.30	12.30-2.00

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## Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore –560 019

### Lesson Plan for Add On Course “Office Management & Webpage Designing”

<u>Week</u>	<u>Portions completed</u>	<u>Duration</u>
Week 01	Introduction Computer fundamentals	05
Week 02	Opening Kannada Nudi & typing	05
Week 03	MS Paint, Word pad, Notepad	05
Week 04	Introduction to HTML, writing tags, using tables, borders, Inserting Images	05
Week 05	Applying marquee, page color, linking one webpage to another webpage using a href,	05
Week 06	Introduction to MS Office, word package, purpose, extension and different menus	05
Week 07	MS Word- Explanation of different tabs like page layout, margins, size columns, page color, border setup, orientation, watermark Mail merge, preparation of CV etc	05
Week 08	MS excel-Basic calculation, creating Mark list result sheets, filter, validation, sort, creating invoice, quotation, salary sheet, salary slip	05
Week 09	Text function, sub total, PMT, charts, pivot table, pivot chart, V-Lookup, H-Lookup	05
Week 10	MS Power point-basic presentation ,presentation of project(English &kannada)	05
Week 11	MS Access-collection of data ,creating students details, Employee details, Faculty details, Product details, Event details	05

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Week 12	Ms Publisher-creating labels, Invitation card, brochures, menu card, Business card & Calendar	05
Week 13	Internet-Creating Email Id, Sign in & Sign out, Sending Mail, Forwarding & Attaching Files	02

  
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Acharya Pathasala College of Arts &  
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CERTIFICATE

This is to certify that kumari **Bhagyashree Donekar** has  
successfully completed computer training course in  
“Office management & Basic Webpage Designing” in  
association with ABALASHRAMA, Basavanaugudi,

Bengaluru

From June 17th, 2024 to 11th September 2024



COORDINATOR





PRINCIPAL





Acharya Pathasala College of Arts &  
Science

CERTIFICATE

This is to certify that kumari **Sharanya R** has  
successfully completed computer training course in  
“Office management & Basic Webpage Designing” in  
association with ABALASHRAMA, Basavanaugudi,

Bengaluru

From June 17th, 2024 to 11th September 2024



COORDINATOR





PRINCIPAL





Acharya Pathasala College of Arts &  
Science

CERTIFICATE

This is to certify that kumari **Rashmi M** has successfully  
completed computer training course in "Office  
management & Basic Webpage Designing" in  
association with ABALASHRAMA, Basavanagudi,

Bengaluru

From June 17th, 2024 to 11th September 2024

COORDINATOR



PRINCIPAL





Acharya Pathasala College of Arts &  
Science

CERTIFICATE

This is to certify that kumari **Ashwini B** has successfully  
completed computer training course in "Office  
management & Basic Webpage Designing" in  
association with ABALASHRAMA, Basavanagudi,

Bengaluru

From June 17th, 2024 to 11th September 2024

  
COORDINATOR



  
PRINCIPAL





# Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019

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In association with Abalashrama, Basavanagudi, Bangalore-04

Syllabus for "OFFICE MANAGEMENT COURSE JUNE-2024"

PROGRAMS	THEORY	PRACTICAL	DAYS	MÓN THS
	Introduction of students and the organizations rules & regulations			
English Typing	Explanation of Computer Fundamentals	Practice	05	
Kannada Nudi Typing	Opening Nudi window and understanding letters	Practice	05	
MS paint	Demo	Practice	01	
WordPad	Demo	Practice	01	
Notepad	Demo	Practice	01	
HTML Coding	Coding-projects, using tables, borders, Html images, Html Video and Audio	Practice	04	
MS OFFICE	Explanation of MS Office- Word Package, Purpose, extension and Home menu	Practice	01	
MS WORD	Explanation of different Tabs like Insert, Design, Layout, View menu, Demo for paper advertises	Practice	02	01
	Explanation of different Tabs like page Layout, margins, size column, page color, border setup, Orientation, watermark etc	Practice	03	
	Preparation to Calendar, Application for using tables	Practice	03	
	Preparation of CV	Practice of CV	01	
MS EXCEL	Mail Merge	Practice	01	
	Basic Calculations	Practice	01	
	Creation of Marks list, Result sheet, Filter, Validation, Sort	Practice	03	
	Create Invoice, Quotation (Marketing File)	Practice	03	
	Creation of Salary sheet, Salary slip (Employee file)	Practice	03	
	Text Functions, Subtotal, PMT	Practice	02	01
	Chart - All types of Charts	Practice	01	
	Pivot Table, Pivot Chart	Practice	01	
	V-Lookup, H- Lookup	Practice	02	
MS Power Point	Basic presentation, presentation of Project (English & Kannada)	Practice	02	
MS Access	Collection of Data- Creating Student Details, Employee Details, Faculty Details, Product Details, Event Details	Practice	03	
MS Publisher	Create Label, Invitation card, Brochure, Flyer, Calendar, Menu card, Business card, etc	Practice	03	
Internet	Creating Email Id, sign in & sign out sending mail, forwarding and attaching files	Practice	02	
Revision			02 (02 Hours/Day)	01
Exam		Exam	02	
		Total	60 Hours	03

DATE:

PAGE:

A.P.S. COLLEGE OF

ARTS AND SCIENCE

N.R COLONY BANGALORE -19

in association with

ABALASHRAMA, BASAVANAGUDI

BANGALORE -04

CERTIFICATE COURSE

"OFFICE MANAGEMENT"

[For I Semester BA, B.Sc & BCA

Girls Students newly enrolled

for Academic Year - 2023-24]

"Students Attendance Book"



# A.P.S. COLLEGE OF ARTS & SCIENCE

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# "Office Management Course"

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Number	Date & Month	17/7	18/7	19/7	22/7	23/7	24/7	25/7	26/7	29/7	30/7	31/7	01/8	05/8	06/8	07/8	08/8	09/8	12/8	13/8	14/8
		16/8	19/8	20/8	21/8	22/8	23/8	26/8	27/8	28/8	29/8	30/8	02/9	3/9	4/9	5/9	9/9	10/9	11/9		
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1.	Likitha. H	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
		20	21	22	23	24	24	25	26	27	28	29	30	30	31	32	33	34	35	36	36
		37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52,53	54,55	56,57		
2.	Bhagya Shree Donolcar	1	2	3	4	5	6	6	7	8	9	10	11	12	13	13	14	15	16	17	18
		18	19	20	21	22	22	23	24	25	26	27	27	28	29	30	31	32	33	34	35
		35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50,51	52,53	54,55		
3	Lisha. R.	00	01	02	03	04	05	6	07	08	09	10	10	11	12	13	13	14	15	16	17
		17	18	19	20	21	22	23	23	24	25	26	27	28	28	29	30	31	32	33	34
		35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50,51	52,53	54,55		
4	Shavanya R	00	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	17	18
		19	20	21	22	23	24	25	26	27	27	28	29	30	31	32	33	34	35	36	37
		38	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52,53	54,55	56,57		
5	Meghana H N	00	01	02	03	04	05	06	06	07	08	09	10	11	12	13	14	15	16	17	18
		19	20	21	21	22	23	24	25	26	26	27	28	29	30	31	32	33	34	35	36
		37	38	39	39	40	41	42	43	44	45	46	47	48	49	50	51,52	53,54	55,56		
6	Manasa M	00	01	02	03	04	05	06	07	07	08	08	09	10	11	12	13	13	14	15	16
		16	17	18	19	20	21	22	23	24	25	26	27	28	29	29	30	31	32	33	34
		35	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49,50	51,52	53,54		
7	Rushultra L	00	01	02	03	04	05	06	07	08	09	10	10	11	12	13	14	15	15	16	17
		17	18	19	20	20	21	22	23	24	25	26	27	28	28	29	30	31	32	33	34
		35	36	37	38	38	39	40	41	42	43	44	45	46	47	48	49,50	51,52	53,54		



# A.P.S. COLLEGE OF

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DATE:

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# "Office Management Course"

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	Students	17/6	18/6	19/6	21/6	24/6	25/6	26/6	27/6	28/6	01/7	03/7	04/7	05/7	08/7	09/7	11/7	12/7	15/7	16/7	
Serial	Names																				
Number	Date & month	17/7	18/7	19/7	22/7	23/7	24/7	25/7	26/7	29/7	30/7	31/7	01/08	05/08	06/08	07/08	08/08	09/08	12/08	13/08	
		14/8	16/8	19/8	20/8	21/8	22/8	23/8	26/8	27/8	28/8	29/8	30/8	02/09	03/09	04/09	05/09	9/09	10/09	11/09	
																				(Pen & Ink) Exam	
8	Rakshitha	00	01	02	03	04	05	06	07	08	09	10	11	12	13	13	14	15	16	17	
	J	17	18	19	20	21	22	23	23	24	25	26	27	28	29	30	30	31	32	33	
		34	35	36	37	38	39	40	41	41	42	43	44	45	46	47	48	49,50	51,52	53	
9	Chilekamma	00	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	
	B.N	19	20	20	21	22	23	24	24	25	26	27	28	29	30	31	32	33	34	35	
		35	36	37	38	39	40	41	42	43	44	44	45	46	47	48	49	50,51	52,53	54,55	
10	Rakshitha	00	01	02	03	04	05	06	06	07	08	09	10	11	12	13	14	15	16	17	
		17	18	19	20	21	22	23	24	25	25	26	27	28	29	30	31	32	33	34	
		34	35	36	37	38	39	40	40	41	42	43	44	45	46	47	48	49,50	51,52	53,54	
11	Suganya	00	00	00	00	00	00	00	00	01	02	03	04	05	06	07	08	09	10	11	
	M	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
		31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47,48	49,50	51,52	
12	Lakshmi	00	00	01	02	03	04	05	06	07	08	09	10	11	12	13	13	14	15	16	
		16	17	18	19	20	21	22	23	23	24	25	26	27	28	28	29	30	31	32	
		33	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48,49	50,51	52,53	
13	Sanjana	00	00	00	00	01	02	03	04	05	06	07	07	08	09	10	11	12	13	14	
		15	16	17	18	19	20	20	21	22	23	24	25	26	27	28	29	30	31	32	
		33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49,50	51,52	53	
14	Saritha	00	00	00	00	00	00	00	00	00	00	01	02	03	04	05	06	07	08	09	
		10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	
		29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47,48	49,50



# A.P.S. COLLEGE OF ARTS & SCIENCE

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Serial	Students Names	17/6	18/6	19/6	21/6	24/6	25/6	26/6	27/6	28/6	01/7	02/7	04/7	05/7	05/7	09/7	11/7	12/7	15/7	16/7	17/7
Number	Date & month	18/7	19/7	22/7	23/7	24/7	25/7	26/7		29/7	30/7	31/7	01/8	05/8	06/8	07/8	08/8	09/8	12/8	13/8	14/8
		16/8	19/8	20/8	21/8	22/8	23/8	24/8	25/8	28/8	29/8	30/8	02/9	03/9	04/9	05/9	9/9	10/9	11/9		
																	(Consim)	Exam			
15	Harshulha	00	00	00	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17
	k	18	19	20	21	21	22	23	24	24	25	26	27	28	29	30	31	32	33	34	35
		35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50,51	52,53	54,55		
16	Sonu. R	00	00	00	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17
		17	18	19	20	21	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35
		35	36	37	38	39	40	41	42	43	43	44	45	46	47	48	49,50,51,52	53,54			
17	Sanjana. N	00	00	01	02	03	04	05	06	07	08	09	10	11	12	12	13	14	15	16	16
		17	18	19	20	21	22	23	24	24	25	26	27	28	29	30	31	31	32	33	34
		35	36	37	38	39	40	40	41	42	43	43	44	45	46	47	48,49	50,51	52,53		
18	Aschitha	00	00	00	00	00	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15
		15	16	17	18	19	20	21	21	21	22	23	24	25	26	27	28	29	30	31	32
		33	34	35	36	37	38	39	39	40	40	41	42	43	44	45	46,47	48,49	50,51		
19	Rashmi	00	00	00	00	00	00	00	00	01	02	03	04	05	06	07	08	09	10	11	12
	H N	12	13	14	15	16	17	18	18	19	20	21	22	22	23	24	25	26	26	27	28
		28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43,44	45,46	47,48		
20	Rashmi	00	00	00	00	00	00	00	00	00	01	02	03	04	05	06	07	08	09	10	11
	M	12	13	14	15	16	17	17	18	18	19	20	21	21	22	23	23	24	25	26	26
		27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42,43	44,45	46,47		
21	Anultha	01	02	03	04	05	06	07	08	09	10	11	12	13	13	14	15	16	17	18	19
		19	20	21	22	23	24	25	26	27	28	28	29	30	31	32	33	34	35	36	37
		38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53,54	55,56	57,58		



# A.P.S. COLLEGE OF ARTS & SCIENCE

DATE:

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# "Office Management Course".

DATE:

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Serial	Students Names	17/6	18/6	19/6	21/6	22/6	25/6	26/6	27/6	28/6	01/7	03/7	04/7	05/7	08/7	09/7	11/7	12/7	15/7	14/7	17/7
Number	Date & month	18/7	19/7	24/7	23/7	24/7	25/7	26/7	29/7	30/7	31/7	01/08	05/8	06/8	07/8	08/8	09/8	12/8	13/8	14/8	16/8
		19/8	20/8	21/8	24/8	23/8	26/8	27/8	28/8	29/8	30/8	02/9	03/9	04/9	05/9	9/9	10/9	11/9			
																(Pen sim)	(Exam)				
22	Rakesh Kumar	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	15	16	17	18	19
	S.	19	20	21	22	23	24	25	26	26	27	28	29	30	31	32	33	34	35	35	36
		37	38	39	40	41	42	43	44	45	46	47	48	49	50	51,52	53,54	55,56			
23	Ashwini B.	00	00	00	00	100	00	00	00	00	00	00	01	02	03	04	05	06	07	08	09
		10	11	12	12	13	14	14	15	16	17	17	18	19	20	21	22	23	24	25	26
		27	28	29	30	31	32	33	34	35	36	37	38	39	40	41,42	43,44	45,46			

*[Signature]*  
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Dr. B. Jayashree, M.Sc., (Phy)., M.Phil., Ph.D.,  
PRINCIPAL

No. APS/A&S/118 A /2023-24

Date: 10.06.2024

## Circular

It's hereby informed to all the I and II Year M.A., Economics students to participate in the One day seminar on **“Concepts and strategies for crafting a compelling dissertation”** on 12<sup>th</sup> June 2024 at 10:00 am in PG class rooms without fail.

  
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## Department of Post- Graduation Studies in Economics (M.A.)

### Report on One day Seminar

**Venue:** PG Classroom

**Time:** 10:00 AM

**Number of Participants:** 13 & 7 Faculties

The Postgraduate Studies in Economics (M.A.) organized a one-day seminar on "Concepts and Strategies for Crafting a Compelling Dissertation" on 12th June 2024. The seminar aimed to enhance the skills needed for conceptualizing and executing project work using data analytical tools for final year M.A. students.

#### **Objectives:**

1. To provide insights into the structure and components of a dissertation.
2. To equip students with strategies for selecting relevant research topics.
3. To guide students in developing robust research methodologies.
4. To expose students to various AI & ML tools for writing dissertation.
5. To enhance students' skills in writing, formatting, and presenting their dissertations.

The resource person, Sri. Chandramouleshwara M., Assistant Professor, PG Department of Economics, shared his insights on using AI & ML tools for dissertation writing, emphasizing the importance of clear concepts and strategic approaches.

The seminar began with an explanation of the significance of choosing a research topic that aligns with both academic relevance and personal interest. The resource person discussed the essential components of a dissertation, including:

- Introduction
- Literature Review
- Research Methodology
- Data Analysis
- Conclusion and Recommendations

He provided practical examples to illustrate the role of each section in the dissertation process. The seminar also covered various qualitative and quantitative research methods, with a strong emphasis on selecting appropriate methodologies and tools for data collection and analysis.

In the afternoon session, Mrs. Satyashree, Associate professor, Department of computer Science, introduced the use of technology, including Artificial Intelligence (AI) and Machine Learning (ML) tools in crafting dissertations. The resource person highlighted how AI tools



can assist in literature review automation, data analysis, and citation management. Specific examples included tools like Perplexity AI for generating research ideas, Gamma AI for creating presentations, Meta's AI tools for analysing large datasets, and Quill bot for paraphrasing and enhancing writing. These tools were demonstrated to show their practical applications, encouraged students to leverage advanced technologies to improve the efficiency and quality of their project work.

Students actively participated in the interactive Q&A session, seeking clarification on doubts regarding topic selection, methodology, data analysis techniques, and the integration of technology in their project work.

#### Outcomes:

1. **Improved Understanding:** Students demonstrated a clear understanding of the dissertation structure, components, and research methodologies.
2. **Enhanced Research Skills:** Students gained the ability to identify and select relevant research topics, develop research questions, and design a research methodology.
3. **Increased Confidence:** Students exhibited increased confidence in their ability to write and present their dissertations.
4. **Technological Proficiency:** Students recognized the potential of AI and ML tools in enhancing the quality and efficiency of their dissertations.


The seminar concluded with positive feedback from the participants, who expressed their appreciation for the practical insights and technological guidance provided during the seminar.



  
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## ATTENDANCE SHEET

  
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NO.APSAS/ /2023-2024

List of students Enrolled in ExcelR Online course.

5<sup>th</sup> Semester BCA students:

Sl.no.	REG_NO	NAME
1	U11US21S0303	SUSHMITHA B T
2	U18AK21S0076	VIKRAM G D
3	U18AK21S0036	MANJULA T
4	U18AK21S0037	MYTHRI J
5	U18AK21S0038	SHRAVYA N PRASAD
6	U18AK21S0039	HARSHITHA R
7	U18AK21S0040	ANUSHA M
8	U18AK21S0041	KAVYASHREE C
9	U18AK21S0042	GOWTHAMI G
10	U18AK21S0043	SUJAY V DESHPANDE
11	U18AK21S0044	HARSHITHA E
12	U18AK21S0045	CHANDANA B M
13	U18AK21S0046	VASANTHA P R
14	U18AK21S0048	SANTHOSH P
15	U18AK21S0049	DARSHAN M
16	U18AK21S0088	ARUN M
17	U18AK21S0090	PAVAN S
18	U18AK21S0052	KRISHNESH G N
19	U18AK21S0053	AMRUTHA SRI K
20	U18AK21S0055	BALASHAKTHI J
21	U18AK21S0091	YASHARIKA G
22	U18AK21S0057	SNEHA B
23	U18AK21S0075	VISHAL RAO R
24	U18AK21S0059	INDHUSHREE N
25	U18AK21S0060	MOHAN KUMAR R
26	U18AK21S0061	PREETHAM P
27	U18AK21S0063	PRAJWAL G R
28	U18AK21S0064	PRAJWAL N N
29	U18AK21S0089	SUSHMA SHIVARUDRAPPA
30	U18AK21S0067	SURAJ G
31	U18AK21S0069	CHAITHANYA V
32	U18AK21S0070	VARUN K
33	U18AK21S0087	VEERESH S
34	U18AK21S0072	Vinay N
35	U18AK21S0074	NITESH M R
36	U18AK21S0081	DEEKSHA S

  
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